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Mom's milk boosts IQ: Study

Breast-fed children smarter than those reared on formula

Children who are breast-fed are smarter than those who aren't. And children who nurse longer and more intensely are smarter still, according to the largest ever study on lactation and intelligence.

The study, funded by the Canadian Institutes of Health Research, shows that children whose mothers breast-fed them for lengthy periods and more exclusively have consistently higher IQ scores than those who are nursed for shorter times and fed other foods.

Dr. Michael Kramer, head of human development and childhood health at the CIHR, led the study, published in the May edition of the Archives of General Psychiatry.

new study 'unique'

» Past studies have typically relied on observations gathered years after the fact. Deborah O'Connor, a nutrition scientist and breast-feeding expert from Toronto's Hospital for Sick Children, says the new study is unique in that it followed children right from the start.

"I haven't got a clue," Kramer, a professor of pediatrics and epidemiology at McGill University, said of the reasons for the difference.

"It could be something in the milk or, and this is my hope ... it could be something related to the physical contact or the emotional contact between the mother and the baby during breast (feeding) that's not there during the bottle feeding," he said.

What his study does do, Kramer says, is dispel any lingering doubts that breast-feeding babies makes them an average three to five IQ points smarter than children who are fed formula. TORSTAR NEWS SERVICE

» celeb buzz p.38

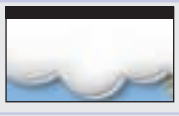
confession
Cruise regrets attacking Brooke Shields

» workology p.24

When grads come back to parents

» mind&body p.27

The right chocolate choices



High 16°
Low 6°
WEATHER P. 37

HLA HLA HTAV/AFP/GETTY IMAGES PHOTO

Myanmar reeling in cyclone's wake

Uprooted trees block a street in Yangon, Myanmar, yesterday. People were busy clearing roads and lining up to collect water from neighbours with private wells, as supplies were cut by a powerful storm that tore across the country Sunday, leaving thousands dead. Story, page 10.

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toronto

A plan was approved to spend up to $7 million over the next five years to buy buffer land around Toronto's Green Lane landfill site. City council will make a final decision later this month. TORSTAR NEWS SERVICE

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inside metro

toronto

man's best friend
Dogs honoured for their bravery at the 40th annual Purina Animal Hall of Fame ceremony. » 4

sports

broom-tastic
Dustin McGowan allows four hits as Jays complete a four-game sweep of White Sox with a 1-0 win. » 16

workology

the devil, you say
Dr. William Bradshaw, North America's first academic demonologist, talks about his new book. » 25

celebritybuzz

duelling models
Heidi Klum admits Iman walked the runway at larger shows. » 39

in tomorrow's metro

music notes
Mel C, a.k.a. Sporty Spice, talks about her North American tour in support of her latest album This Time.

Pink paper supports battle

Shaded newsprint to help in fight vs. breast cancer

Metro is joining the fight against breast cancer by thinking pink.

Today, Metro is distributing its 815,000 papers from coast to coast on special pink newsprint. Five per cent of the advertising revenues from today's edition will be donated to the Canadian Breast Cancer Foundation, the leading national volunteer-based organization in Canada dedicated to eliminating breast cancer.

As Canada's No. 1 free daily newspaper, with a high readership of young women, Metro is enthusiastic about contributing to this worthy cause.

"Going pink is our small way of participating in this initiative," said Bill McDonald, Group Publisher of Metro English Canada.

"One of the most important health issues for our readership demographic is finding a cure for breast cancer."

The move has resonated with the public. A recent national Metro Life Panel survey said 94 per cent of readers support the idea of the pink paper.

A representative of the foundation was excited to be approached with such an original initiative from Metro.

"This is a wonderful opportunity for the foundation to share news about the various activities taking place across the country — from updates on various research projects to articles that will focus on raising awareness and educating Canadians about breast cancer," said Alison J. Youngman, chair of the National Board of Directors for the Canadian Breast Cancer Foundation.

Innovation was a key driver in the decision to run the first pink edition in Metro Canada's young history, McDonald said, adding the paper is just one more example of its continued focus on creativity.

"We're optimistic that this will become an annual partnership between Metro and the Canadian Breast Cancer Foundation," he added.

MORE COVERAGE, PAGES 20-23

METRO NEWS SERVICES

breast cancer: What you need to know

» Breast cancer remains the most common cancer among Canadian women.
» On average, 431 Canadian women will be diagnosed with breast cancer every week.
» On average, 102 Canadian women will die of breast cancer every week.
» One in nine women is expected to develop breast cancer during her lifetime. One in 28 will die from it.

SOURCE: CANADIAN CANCER SOCIETY/NATIONAL CANCER INSTITUTE OF CANADA (AS SUPPLIED BY THE CANADIAN BREAST CANCER FOUNDATION)

TTC strike cost $2M

The cost of April's weekend TTC strike is being estimated at about $2 million.

The transit commission saved about $1.8 million over two days — April 26 and 27 — after the Amalgamated Transit Union walked off the job. The savings include: $1.5 million in wages; $200,000 in fuel; and $100,000 in electricity for subways and streetcars.

But the TTC is also estimating it lost about $1.4 million in revenue from fares and it expects to pay riders about $2 million in refunds, based on previous experience. The overall loss is also likely to include about $400,000 in fare revenues from people who either didn't know the TTC was running again or who decided not to ride transit immediately following the strike, according to TTC spokesperson Brad Ross. TORSTAR NEWS SERVICE

A unidentified patron, right, confronts area residents yesterday opposed to the opening of a new strip club at Lake Shore Boulevard and 4th Avenue in Toronto.

New strip club draws protesters

As topless women danced to the boom of the bass inside, a mob of angry residents — some pushing strollers, others using canes — gathered outside on Lake Shore Boulevard West to protest the opening of Toronto's newest strip club.

"My daughter walks past this strip on her way to school everyday," said Robin Nassiah who, along with her nine-year-old daughter Laryssa, joined more than 200 residents, young and old, outside Jay Jay's Inn.

"She won't be walking home anymore, I can tell you that. Not past this," added Nassiah, drawing attention to posters of two scantily-clad women glued to one of Jay Jay's windows.

In an area of Lake Shore Boulevard residents say is "on the rise," Jay Jay's Inn bucks the trend of revitalization.

TORSTAR NEWS SERVICE

»news
In Brief

» **PANHANDLING** A plan to curb panhandling by spending almost $5 million a year to hire more social workers was unanimously endorsed by the city's executive committee yesterday, marking a significant change in direction from the recent emphasis on police enforcement. Even more remarkable than that turnaround was the universal praise it received from business and tourism officials, who one year ago gave councillors an earful that panhandlers were scaring away customers, many demanding a crackdown.

» **EDUCATION** Eliminating full-day kindergarten and making cuts to literacy programs to balance the budget will end up costing the Toronto Catholic board more in the long run, parents told trustees last night. The Toronto Catholic District School Board must cut $14 million in order to balance the books for the 2008-09 school year, in part because of declining enrolment — it expects 899 fewer students in September — previous debt and less money for needy schools.

TORSTAR NEWS SERVICE

TORONTO

A Great City Needs Great People
for the Casa Loma Board of Trustees

The City of Toronto and the Kiwanis Club have developed a new strategic vision for Casa Loma that celebrates its importance as a key historical landmark, vital tourist attraction and unique special events venue. The City is looking for residents to serve on a restructured Casa Loma Board of Trustees. The establishment of the Board of Trustees requires City Council approval and will be considered at the June 23 and 24, 2008 City Council meeting.

To qualify for this City appointment, you should have a demonstrated commitment to volunteering and making Toronto a great place to live. Desired skills include knowledge of any of: heritage buildings, Toronto history, Casa Loma community history, fundraising, finance, marketing, hospitality, event management or tourism.

Who can apply?
You must be a resident of the city of Toronto, at least 18 years old, and not an employee of the City or its agencies, nor the spouse, child or parent of a City Councillor.

Women, young adults 18-30, people with disabilities, Aboriginal/First Nations people, and members of racial minorities are especially encouraged to apply.

How do I get information and applications?
- download information and an application from the City website: www.toronto.ca/public-appointments, or
- pick up an application kit from the City Clerk's Secretariat Offices at Toronto City Hall, Scarborough, Etobicoke and North York Civic Centres, or
- call Access Toronto at 416-338-0338 or TTY 416-338-0TTY (0889) for information or to ask for a kit by mail, or
- pick up kits and talk to staff at a drop-in information session.

DROP-IN INFORMATION SESSION	
Thursday, May 15, 7 to 9 p.m.	Casa Loma 1 Austin Terrace
Friday, May 16, 1to 3 p.m.	City Hall, Cttee. Rm. 4
If you have special needs such as sign language interpretation please let us know: e-mail appoint@toronto.ca or call Access Toronto at 416-338-0338 or TTY 416-338-0TTY (0889)	

E-mail, mail, fax or deliver your application by Tuesday, May 20, 2008 at 4:30 p.m.

Completed applications can be emailed to appoint@toronto.ca, faxed to 416-392-2980, Att: Margaret Sexton , or mailed to: Margaret Sexton, Civic Appointments Committee Secretary, City Clerk's Office, 12th Floor West Tower, City Hall, 100 Queen St. W., Toronto, Ontario, M5H 2N2

Interviews for short-listed candidates will be held only on June 12, 2008.

Diversity Our Strength

COLIN MCCONNELL/TORSTAR NEWS SERVICE

Jack Turner takes a look at Corey the miniature Schnauzer's medal yesterday during the Purina Animal Hall of Fame ceremony. Corey helped save Turner from an icy pool.

4-legged heroes

Dogs honoured for their bravery

bravery recognized

» The hall, marking its 40th anniversary, has recognized the bravery of 138 Canadian animals since 1968: 114 dogs, 23 cats and one horse — a Morgan/quarter horse that helped a 77-year-old woman collapsed in a snowy ditch near Newmarket in 1978.

Jay Sobel was enjoying a leisurely walk with his little dog Corey when the miniature Schnauzer began furiously tugging on his leash, pulling the two of them far from their normal route and down the street to a life-or-death situation.

There, fall victim Jack Turner was trapped in his icy cold swimming pool and his strength was failing. Fortunately, his weakened cries had reached some acutely sensitive ears — Corey's.

Turner, 80, had been puttering in back of his North York home last May when he fell into the uncovered pool.

Sobel pulled Turner from the pool and called for medical help. Turner was treated for a mild heart attack, badly scraped hands, hypothermia and for shortness of breath.

Yesterday, Turner was on hand as Corey and four other dogs were inducted into the Purina Animal Hall of Fame.

Yesterday's inductees each received a speech and video montage before they were paraded down a red carpet in the Capitol Theatre to receive their medals. Then they stood by as their owners were presented with a portrait of their pets. TORSTAR NEWS SERVICE

Church bells annoy Ajax residents

Hell's bells, will the ringing never stop?

Residents of St. Francis de Sales church in Ajax have been thinking such uncharitable thoughts about their heaven-oriented neighbour for months while they covered their ears and closed their windows against what they complain is an aural assault from hourly and prolonged chimes.

The new church's bells toll on the hour 24/7. They also play hymns periodically, and a traditional series of chimes called the Angelus, which calls people to prayer.

Twenty people signed a petition demanding a stop to the ringing in their ears. The issue is before the courts in what bylaw services manager Derek Hannan calls a first for Ajax and possibly the country. TORSTAR NEWS SERVICE

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»news
In Brief

» **COURT** A Toronto woman accused of an assault on Leonardo DiCaprio that left him with more than a dozen stitches avoided Canadian jail time yesterday after her sentencing in a separate case. But Aretha Wilson, 38, might still end up behind bars for the alleged 2005 attack on the Titanic star at a Hollywood Hills party. At Old City Hall yesterday she received a suspended sentence and two years probation after being found guilty of assault with a weapon in a Feb. 5, 2006, attack on her ex-boyfriend, Wyatt Cote. She was also ordered to provide a DNA sample. TORSTAR NEWS SERVICE

Actor pleads guilty to child porn

Man played Scot in beer ads

A Toronto actor best-known for his role playing a boorish Scot in Canadian beer commercials has pleaded guilty to possessing and distributing child pornography on the Internet.

Robert Smith, 42, changed his not guilty plea after his defence lawyer, Cindy Wasser, abandoned a constitutional challenge of the search warrant used by police to obtain Smith's subscriber information from the Internet Service Provider, as well as the warrant executed at his home in north Toronto.

plea

» In changing his plea, Smith acknowledged downloading and possessing child pornography "and identified for investigators the specific location of the compact disks containing this material within his home," assistant Crown attorney Allison Dellandrea told Ontario Superior Court, reading from the agreed statement of facts.

Asked by Justice Robert Clark if he came to the decision without being pressured, Smith responded clearly, "Yes, your honour."

The actor was featured in TV ads for Alexander Keith's India Pale Ale that were taken off the air after his arrest on Feb. 14, 2006.

Under the Criminal Code, Smith could face incarceration of 18 months to two years. He returns to court next Monday when a date for sentencing is expected to be set. TORSTAR NEWS SERVICE

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Final farewell for slain couple

Hands limp by his sides and eyes fixed on the grass just steps from where his parents were lowered into the ground yesterday afternoon, Qaiss Shahghasy said a million questions were racing through his mind.

The one he most wants answered is: "Why?"

He wants to know why his parents were killed last week, stabbed to death in a random, unprovoked knife attack at a Brampton strip mall. But he said if he ever comes face to face with the killer, he wouldn't know what to say.

"My words won't bring them back," he said. "My tears won't bring them back. My anger won't bring them back. What happened makes no sense. But like my dad would say, 'Things like this, there are two ways to deal with them: man up, or give up and let everything take over.' So I'm manning up."

Then Shahghasy turned to face more than 200 mourners, some who had flown in from Australia and the United States, to bid farewell to his parents at Brampton Memorial Gardens, near Bovaird Drive and Chinguacousy Road.

TORSTAR NEWS SERVICE

attacked

» Nazifa, 52, and Rahimullah, 53, were attacked by a man armed with two knives at the strip mall.
» Dwayne Palmer, 28, is charged with second-degree murder.

»news In Brief

» **LEGAL BILLS** Coun. Sandra Bussin wants the $7,308 she spent on lawyers to be reimbursed by taxpayers. Bussin ran up legal bills fending off a challenge to her 2006 election expenses. Yesterday, council's executive committee recommended reimbursement. The matter will go to council later this month for a final decision. TORSTAR NEWS SERVICE

AARON HARRIS/THE CANADIAN PRESS

Myron Gottlieb, Livent Inc. co-founder, left, and lawyer Brian Greenspan arrive at the Ontario Superior Court yesterday.

Livent trial begins

Firm's co-founders plead not guilty to fraud charges

The duo that brought such long-running theatre hits as Phantom Of The Opera and Showboat to North American audiences orchestrated and directed an elaborate fraud scheme that ended up bilking investors of millions of dollars, prosecutors alleged yesterday.

In an opening statement yesterday, the Crown accused impresarios Garth Drabinsky and Myron Gottlieb of deliberately misstating the health of Livent Inc., the company they co-founded, to raise $500 million in financing and boost its share prices.

"The accused directed and participated in large-scale accounting fraud that lasted over five years," lead prosecutor Robert Hubbard told the court.

Drabinsky, 58, a member of the Order of Canada, and Gottlieb, 64, pleaded not guilty yesterday to two counts of fraud over $5,000 and one count of uttering forged documents.

THE CANADIAN PRESS

deadly dispute

Victim's mom stays away from court

HEARING She had grabbed her two young daughters and fled an abusive husband more than a decade earlier.

But Nancy Allard's fears returned on July 31, 2005, when police told her that her youngest daughter, Audrey Cote, 21, had been slain in a deadly domestic dispute of her own in Brampton.

Yesterday, Allard remained at home in Charlesbourg, Que., choosing instead to let the written words of her statement describe her anguish.

"I don't remember what day it is or what I have to do. ... I'm just floating through life," Allard wrote in the statement heard at the sentencing hearing of Cote's killer, Ryan Bucknor.

Bucknor, 28, said he wanted to tell Audrey's mother in person how sorry he was for killing her daughter. He was disappointed she didn't attend the Brampton hearing.

TORSTAR NEWS SERVICE

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canada

Mary Brown's Inc. in Canada is pulling a marketing campaign that promotes its chicken burgers with the phrase "Hail Mary" after a Newfoundland Roman Catholic bishop complained the ad was offensive. THE CANADIAN PRESS

Median family income rises

Third straight annual increase according to stats

The median family income rose 2.1 per cent between 2005 and 2006, largely the result of strong economic growth fostered by employment gains.

That's on top of an 11.1 per cent increase the census recorded in the pre-tax income median between 1980 and 2005.

Statistics Canada says government transfers also increased, leading to a similar increase in after-tax family income.

Families earned an after-tax median income of $58,300 in 2006, the third straight annual increase.

The agency says most family types benefited, including senior families — those in which the main income earner was aged 65 and older — and younger, working-aged families.

real-term comparisons

» The median is the point at which half of all families have higher income than the rest, and half have less. Statistics Canada makes income estimates in constant 2006 dollars to factor in inflation and allow for comparisons across time in real terms.

Senior families had a median after-tax income of $42,400, up 2.9 per cent, while working-aged families had a median of $62,000, a 1.8 per cent gain.

Both senior and working-aged family median after-tax income increased by roughly 18 per cent since 1996.

Persons living alone, or "unattached individuals," had a median after-tax income of $22,800 in 2006, up 4.6 per cent from 2005.

StatsCan says the incidence of low income remained relatively stable in 2006. About 633,000 families were below the after-tax low-income cutoff, seven per cent of the total.

About 760,000 children aged 18 and under — 11.3 per cent of the total — lived in low-income families.

THE CANADIAN PRESS

Ontario MPP wants his morning coffee

Their morning coffee was top of mind for Ontario politicians yesterday as they began the work week much earlier than normal thanks to a Liberal government experiment that starts the legislative day at nine each morning instead of in the afternoon.

Before debate could even begin on new animal protection legislation, veteran Conservative Norm Sterling was seeking permission to change the rules so all the elected members could enjoy a cup of coffee inside the legislative chamber.

"I normally have a coffee at my desk at 9 a.m.," Sterling told the legislature. "Mr. Speaker, I ask your indulgence to allow the morning session to enjoy a cup of coffee while they're listening to debate."

Lord's Prayer

» A proposal to scrap the reading of the Lord's Prayer in the Ontario legislature has prompted 5,700 submissions from the public — temporarily crashing the legislature's website — and hundreds of phone calls from many who want the province to preserve the Christian tradition.

Government House Leader Michael Bryant joked he would be the first to pour Sterling that cup of coffee if the Speaker gives permission, but later told reporters he thought Sterling was just trying to make a light-hearted comment about the new working hours.

PC Leader John Tory said the Speaker should simply make a ruling on the coffee question without sending the issue to committee for further study. THE CANADIAN PRESS

Ottawa **Big Wild campaign**

TIM WIECLAWSKI/METRO OTTAWA

Jody Overduin-Das, front, from Mountain Equipment Co-op, and Jill Sturdy, with the Canadian Parks and Wilderness Society, "paddle" a canoe in Ottawa's Festival Plaza yesterday to launch the Big Wild campaign, which aims to have 50 per cent of Canadian land protected from industrial development.

»news In Brief

» **COURT** Margaret Trudeau's acquittal on drinking and driving charges has been restored by Ontario's highest court. Trudeau was facing a new trial after a lower court's acquittal was overruled by a Superior Court judge. The Ontario Court of Appeal ruled yesterday the lower court's decision should stand, reinstating the original ruling and again acquitting Trudeau of the drinking and driving charges. THE CANADIAN PRESS

Risk of death from Taser low: Engineer

The Taser has a low probability of causing death or injury, an electrical engineer who has studied the effects of electricity on the body for decades told a public inquiry into use of the shock weapons. J. Patrick Reilly, a Johns Hopkins University researcher and electrical engineer, testified yesterday at the B.C. inquiry that the possibility of fatal injury is very small.

The first phase of the inquiry, prompted by the death of Polish immigrant Robert Dziekanski at Vancouver airport last fall, is looking at the medical aspects and police use of the Taser.

THE CANADIAN PRESS

health

South African family can stay

SUN A South African family has won its decade-long fight to stay in Canada for health reasons. John Viviers and his two children have a rare genetic skin disorder called porphyria, which means they can't tolerate the sun.

The family chose Prince Rupert, B.C., after a survey by the Canadian Porphyria Foundation found Prince Rupert to be the most suitable place for them in Canada because of its climate.

THE CANADIAN PRESS

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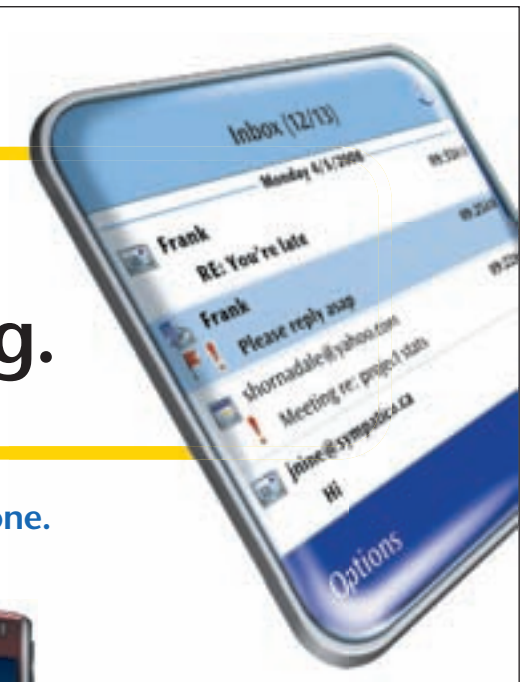

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Hopedale Mall (kiosk)
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OSHAWA
Five Points Mall
Oshawa Centre

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world

Mildred Loving, left with husband Richard, a black woman whose challenge to Virginia's ban on interracial marriage led to a landmark U.S. Supreme Court ruling striking down such laws countrywide, has died at age 68. THE ASSOCIATED PRESS

Thousands dead in Myanmar

Cyclone death toll may be more than 10,000: Minister

Myanmar's ruling junta, which has spurned the international community for decades, appealed for disaster relief yesterday as a cabinet minister warned that more than 10,000 people may have died in a devastating weekend cyclone, diplomats and state media said.

A state radio station reported the official death toll from cyclone Nargis had soared to 3,939, and that some 3,000 people were missing in one coastal town.

Foreign Minister Nyan Win told Yangon-based diplomats the death toll could rise to more than 10,000 in the low-lying Irrawaddy delta, where the storm wreaked the most havoc, according to Asian diplomats at the meeting.

The situation in the countryside remained unclear because of poor communications and roads left impassable by the cyclone, which is the term used to describe hurricanes in much of the Pacific and Indian Ocean. Many rural buildings are constructed of thatch, bamboo and other materials easily destroyed by fierce storms.

Diplomats said they were told Myanmar welcomed international humanitarian aid, including urgently needed roofing materials, medicine, water purifying tablets and mosquito nets. The first shipment of nine tonnes was scheduled to arrive from Thailand today.

THE ASSOCIATED PRESS

strong message

» Sein Win, who heads Aung San Suu Kyi's government in exile, thanked Ottawa for awarding Suu Kyi honorary Canadian citizenship, saying it sends a strong message to the military regime ruling Myanmar.

BARRY BROMAN/THE ASSOCIATED PRESS

A Myanmar Buddhist monk makes his way past a fallen tree yesterday in Yangon following a devastating cyclone. The death toll has risen to almost 4,000, a Myanmar state radio station said.

Australia

Doctor suggests paying for organs

HEALTH An Australian doctor has proposed that the government pay up to $47,000 for kidney donations to overcome a chronic shortage.

The suggestion has touched off debate around the country on the idea, which critics say will end in the poor selling their organs to the rich.

Kidney specialist Gavin Carney says allowing the sale of organs would save thousands of lives and billions of dollars in care for patients on transplant waiting lists.

He also says it would stop people from buying organs on the black market in developing countries, where they pursue risky, unregulated surgeries.

Taiwan

Missing $29.8M forces resignation

BUNGLE Taiwan's vice-premier quit the ruling party yesterday to take responsibility for a diplomatic bungle that cost the government millions of dollars.

Chiou I-jen's announcement came three days after he acknowledged arranging for the Foreign Ministry to transfer $29.8 million to a Taiwanese man acting as an intermediary in a deal to try to get Papua New Guinea to officially recognize Taiwan.

Both the man, Ching Chi-ju, and the money have since disappeared.

THE ASSOCIATED PRESS

»news In Brief

» **ARREST** A 44-year-old German woman has been arrested on suspicion of killing her own babies after her grown children found the bodies of three infants stashed in the family's freezer in a grisly discovery prompted by a search for frozen pizza.

» **HEALTH** China reported a jump yesterday in the number of children sickened with hand, foot and mouth disease, saying more than 11,900 cases have been reported

» **EXPLOSION** Local police and state media report that a rush-hour fire and explosion on a Shanghai bus killed three people yesterday and injured at least 12 others.

THE ASSOCIATED PRESS

Clinton energized before vote

N.Y. senator lively, while Obama tires in long campaign

It's become a Monday ritual in America, this time played out under a giant U.S. flag, in an overcrowded suburban firehouse shaking to the strains of country music.

Hillary Clinton, her Tuesday 2008 political obituary only 24 hours away — again — bounds on to the stage, indefatigable, energized as if this was the first time she had ever visited voters in this part of Indiana, not the 10th time.

And again, it is Barack Obama, the front-runner for the Democratic presidential nomination, who looked drawn in yesterday's early television appearances, continually fumbling the name of a nationally known host, no longer talking about the knockout punch he could deliver to the former first lady with victories here in Indiana and in North Carolina today.

Clinton

"This is the real heart and soul of America," Clinton says, speaking of the volunteer firefighters arrayed on the stage behind her, but she's really speaking of this all-white slice of middle America she needs for victory here today.

It is an unabashed populist theme Clinton dishes up, promising to save American jobs, calling for a global trade timeout, vowing to take on China, telling them she is tough enough to wrestle the big oil companies to the mat.

She is the fighter, she says, the one who can take a punch and get back up, just like the hard-working middle class she is courting.

She promises to cut their gas prices, dismissing Obama and others who call her gas tax holiday proposal a short-term vote grab.

"He's always going on TV, saying it's only going to save $20. But to some people, $20 is something, isn't it?" she says.

"People live in the short term."

"You can do it," members of the crowd shout out.

"We can do it. We can do it together," Clinton calls back.

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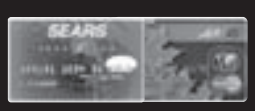

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Saddam diaries revealed

Ex-dictator feared getting AIDS in jail

Former Iraqi dictator Saddam Hussein feared catching AIDS or some other disease during his U.S.-supervised captivity, according to excerpts of his prison writings published in a leading Arab newspaper yesterday.

The London-based pan-Arab daily Al-Hayat published excerpts of what it described as Saddam's prison dairies, which it said its correspondent obtained from U.S. authorities.

The U.S. military confirmed that pages of Saddam's writings have been released.

When the former Iraqi leader found out his U.S. military guards were also using his laundry line to dry clothes, he wrote that he demanded they stop.

> *« My main concern was to not catch a venereal disease, an HIV disease, in this place. »*
>
> *Saddam Hussein diary entry*

"I explained to them that they are young and they could have young people's diseases," Saddam wrote. "My main concern was to not catch a venereal disease, an HIV disease, in this place."

He said some of the soldiers ignored his request.

U.S. military spokesman in Iraq, Maj. Matthew Morgan, declined to describe the writings as a "diary," saying that thousands of pages were produced by the former leader while he was in custody.

"The select material that has been previously released was viewed here by Arabic speakers and reported on accordingly," he said in an e-mail to The Associated Press.

Saddam was captured by U.S. forces in December 2003, the same year a U.S.-led invasion toppled his regime.

He was tried and convicted for crimes against humanity by an Iraqi tribunal and then executed at the end of 2006.

THE ASSOCIATED PRESS

Race **Eco-friendly boat**

BRENNAN LINSLEY/THE ASSOCIATED PRESS

The Earthrace boat pulls into harbour yesterday in San Juan, Puerto Rico, after completing the first leg of its attempt to break the round-the-world powerboat speed record. The goal of Earthrace is to set a new world record while running on 100 per cent renewable biodiesel fuel.

»news In Brief

» **SUICIDE** The woman known as the D.C. Madam apologized to her mother and sister in suicide notes, saying she couldn't bear going to prison and saw killing herself as the only "exit strategy." Deborah Jeane Palfrey, convicted last month of running an elite Washington prostitution ring, wrote to her mother that she could not "live the next 6-8 years behind bars for what you and I have come to regard as this modern day lynching." Palfrey, 52, hanged herself with a nylon rope Thursday.

» **ANIMALS** For years, the sea lions lounging at the Bonneville Dam in Oregon have had easy pickings from salmon waiting to go up fish ladders to upriver spawning grounds. Over the weekend, the federally protected sea creatures were themselves easy prey for a gunman who shot and killed six as they lay in traps meant to humanely catch them.

THE ASSOCIATED PRESS

'House of Horrors' cell built as early as 1978, police say

Plans made years before captivity

The Austrian man who allegedly imprisoned his daughter and fathered seven children with her first planned to build his secret cell as early as 1978, when she was just 12, authorities said yesterday.

Investigators said a total of eight doors fitted with sophisticated locks and electronics secured the underground warren of windowless rooms where they say Josef Fritzl held his daughter captive for two dozen years.

"This was not built from one day to the next," said police Col. Franz Polzer, who is overseeing the investigation into a case that has stunned Austria and the world.

He said the main door weighed about 500 kilograms. THE ASSOCIATED PRESS

Afghanistan

Prince Harry gets army service medal

AWARDED A grinning and blushing Prince Harry has been awarded a medal for his service in Afghanistan. The young royal had the Operational Service Medal for Afghanistan pinned to his desert fatigues in a ceremony yesterday.

THE ASSOCIATED PRESS

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Mother and Daughter

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With Love
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Step up for Spring

London is starting to bloom and the spring and summer seasons are a great time to visit the city. If you're planning a trip to London and want some guidance on what to do and where to go, read on as Londoners Leona and Lynton share their local tips.

Greenwich Park

Hyde Park

Leona

To me, London really comes alive in the springtime. The days are longer which leaves plenty of time for exploring the city. I enjoy walking through many of London's parks and gardens. Did you know that there are eight Royal Parks in the capital?

I find Greenwich particularly pretty in the spring and summer months, the trees start to bloom and the flower and rose gardens are delightful to walk around. The park is on a hill and on a clear day there are wonderful views across the city, taking in everything from Canary Wharf to St Paul's Cathedral. There are lots of things to do in Greenwich too. My brother really enjoys visiting the Royal Observatory, a museum dedicated to time and space. Outside the observatory you will find the Greenwich Meridian Line, which is the point that all time is measured from. It's a great location for a photo opportunity.

I have friends visiting from New York in a couple of weeks and am going to take them to Hyde Park. I think they will really enjoy visiting the Serpentine Gallery, which has a wonderful collection of contemporary art. We'll also make sure to pass Speakers Corner where we'll find some colorful locals sharing their opinions!

In the spring and summer months, I love to grab some bread, cheese and olives from my local farmer's market and make up a picnic, it's the best way to relax - Hyde Park is such a great place for people watching. You'll see the locals on their roller blades and sometimes on horses too.

Primrose Hill

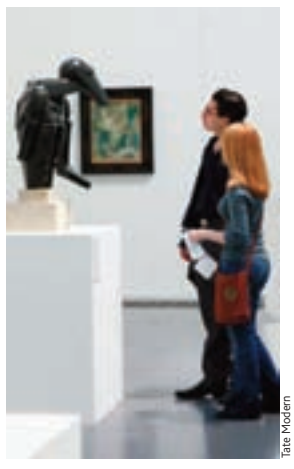
Lynton

When people ask me the best way to see London, I always reply, "on your bike!" I'm a real Londoner and a cycling addict too! There are lots of areas to explore in the city, not only the parks and open spaces but also some of the back streets; it's an interesting way to get around.
If you're unfamiliar with the city, you can join a tour with the London Bicycle Tour Company. In my opinion, it's the best way to see the city like a real local.

The best way to see the city on a budget is to take a walking tour. A company called the Original London Walks, runs tours for as little as £6. The tours are themed around different topics like literary London or historic London and also give you the chance to explore less well-known areas such as Marylebone or Little Venice.

Tate Britain

Another way to save money when visiting London, is to change your dollars at Thomas Cook foreign exchange branches. With a voucher that you can download from **visitlondon.com**, it will be commission free and they have really great rates. You'll also get £100 worth of vouchers for money off and discounts at lots of theaters and attractions across the city, such as 2 for 1 tickets to the Tower of London.


Tate Modern

My university buddy now lives abroad but comes back every year to visit me. I always try to arrange something exciting and this time is no different. I'm going to take him on a RIB Voyage on the River Thames, which is a rigid inflatable boat that races up and down the river past many iconic buildings including the Houses of Parliament, the London Eye and Tower Bridge. I think we'll have a blast together. To celebrate our adventures we can head to one of the pubs on the riverside and enjoy a pint or two of beer.

For more information and tips about spring/summer in London, go to visitlondon.com/golocal

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business

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Newfoundland fishermen are refusing to trap any crab to protest the low price of $1.50 per pound, down from $1.61 two weeks ago. THE CANADIAN PRESS

RRSPs for home-buying

Q Last year, I borrowed $20,000 from my RRSPs and an additional $25,000 from my line of credit to purchase my first home. What is the maximum interest deduction allowed for tax purposes? -JAY, ONTARIO

A Individuals may borrow up to $20,000 from their RRSPs under the Home Buyers Plan (HBP) without being subject to income taxes. Interest on borrowed money may only be deducted if it is used for investment or business purposes, such as real estate investment.

Henry Choo Chong, CGA provides professional accounting and taxation solutions. E-mail all questions to Money Matters: choochonghcga@yahoo.ca.

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Oakville workers reject deal

Result pulls down support for CAW's deal with Ford

no impact

» CAW president Buzz Hargrove said the Oakville workers result will not have any impact on contract negotiations and voting at GM or Chrysler later.

Employees at Ford's assembly plant in Oakville have become the first union local to reject a tentative contract at the Big Three in the history of the Canadian Auto Workers.

The union confirmed yesterday that CAW Local 707 voted 1,108 to 863 or 56 per cent against a three-year deal at Ford Motor Co. of Canada after a raucous ratification meeting on Sunday.

Workers at other plants, in Windsor, St. Thomas and Brampton, voted overwhelmingly in favour of the contract, which contains a wage freeze, a temporary suspension of a cost of living allowance and loss of a week of vacation pay every year.

The rejection in Oakville pulled down overall support to 67 per cent.

CAW president Buzz Hargrove said no one spoke positively at the meeting of Oakville workers after earlier distribution of leaflets at the plant that were filled with "mistruths and distortions."

Local 707 president Gary Beck said workers at the busy plant, which will move to three shifts later this year, didn't understand the industry's overall problems.

TORSTAR NEWS SERVICE

CAW to tackle GM this week

Canadian Auto Workers president Buzz Hargrove says his union won't reach a labour agreement with General Motors unless the automaker commits to adding new products at its Ontario plants, but was confident of a speedy resolution once talks begin Thursday, following successful negotiations with Ford Canada.

Over the weekend, nearly 9,000 CAW members ratified a three-year deal with Ford Canada. CAW said 78 per cent of Ford Canada's workers voted in favour of the agreement on Sunday night.

THE CANADIAN PRESS

Typewriters **Not yet extinct**

THE STAR TRIBUNE/BRUCE BISPING/THE ASSOCIATED PRESS

Mark Soderbeck examines a typewriter in his repair shop in Richfield, Minn. Soderbeck, 52, bought the business in 1978, and is one of the few typewriter repair shops left.

»news In Brief

» **HOUSING** Existing home sales in the Toronto area in April were down by 7 per cent from the record highs of last year with 8,762 homes sold, according to the Toronto Real Estate Board in figures released yesterday. But prices are still appreciating. The average price in April almost hit the $400,000 mark at $398,687, up 5 per cent from the same period a year ago.

» **NO DEAL** Yahoo shares fell 15 per cent yesterday following Microsoft's withdrawal of a $47.5 billion US takeover bid, leaving Yahoo's market value $14 billion below Microsoft's last offer.

» **RATES** Jeff Rubin, chief economist at CIBC World Markets, predicted the Bank of Canada will trim short-term rates by another quarter-point but will hike interest rates by at least a percentage point by the end of next year. METRO NEWS SERVICES

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sports

The Florida Panthers agreed to terms on a $1.3-million US, two-year contract with tough guy Wade Belak, left, yesterday. The winger was acquired from the Maple Leafs on Feb. 26 for a fifth-round pick in the 2008 NHL entry draft. THE CANADIAN PRESS

Jays sweep away ChiSox

McGowan dominates as T.O. finishes off Chicago

BLUE JAYS 1 WHITE SOX 0

The Blue Jays haven't provided Dustin McGowan with very much run support so far this season and it seems that's a luxury he's learning to pitch without.

McGowan made the most of what little offence he got last night, making a Matt Stairs homer in the seventh inning stand up in a 1-0 victory that completed a four-game sweep of the Chicago White Sox.

It was a fifth straight victory for the Blue Jays, who continued their rebound from a horrid 3-11 stretch with yet another outstanding pitching performance.

McGowan, who began the night with a rotation-low average of just 2.5 runs of support per outing, was as dominant as he's been this season.

He allowed just four hits, struck out six and was in trouble just once in winning for the first time since April 19.

McGowan's night came to an end with one out in the eighth after Juan Uribe singled. Manager John Gibbons brought in Jesse Carlson, who promptly hit pinch-hitter A.J. Pierzynski to put the go-ahead run aboard, but Shawn Camp retired Orlando Cabrera and Carlos Quentin before B.J. Ryan closed things out in a drama-filled ninth for his fifth save. With one out he walked the bases loaded but escaped unscathed when Pablo Ozuna hit into a 1-2-3 double play.

Javier Vazquez was yet another hard-luck loser for the White Sox, who dropped their sixth straight game and ninth in 12 outings. THE CANADIAN PRESS

FRANK GUNN/THE CANADIAN PRESS

Chicago White Sox shortstop Orlando Cabrera tags out Blue Jays baserunner Gregg Zaun during third inning action last night at Rogers Centre.

Disputed call key in Pistons' victory

Detroit takes 2-0 lead over Magic

PISTONS 100 MAGIC 93

The Detroit Pistons took advantage of what seemed to be a little help from the scorer's table and went on beat the Orlando Magic.

Chauncey Billups scored 28 points, three on a disputed shot at the end of the third quarter, and Detroit got past Orlando for a 100-93 win last night and a 2-0 lead in the second-round series.

Billups officially made a three-pointer with 0.5 seconds left in the third, ending a play that started with 5.1 seconds and seemed to take a fraction of a second longer using replays the officials didn't use during a 5-minute delay.

The shot put Detroit ahead 78-76.

The Magic still had a chance to win after trailing by 14 in the first half, but Billups sealed the win with a pair of free throws. THE ASSOCIATED PRESS

DUANE BURLESON/THE ASSOCIATED PRESS

Detroit Pistons guard Chauncey Billups drives against Orlando Magic centre Dwight Howard last night in Game 2 of their second-round series.

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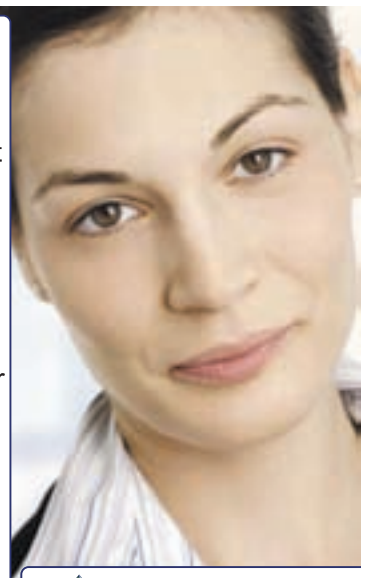

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SCOREBOARD

NHL

CONFERENCE SEMIFINALS
WESTERN CONFERENCE
SAN JOSE VS. DALLAS
Game 6 — Dallas 2 San Jose 1 (4OT)
(Dallas wins series 4-2)
CONFERENCE FINALS
EASTERN CONFERENCE
PHILADELPHIA VS. PITTSBURGH
Game 1 — Friday
Philadelphia at Pittsburgh, 7:30
Game 2 — Sunday
Philadelphia at Pittsburgh, 7:30
WESTERN CONFERENCE
DALLAS VS. DETROIT
Game 1 — Thursday
Dallas at Detroit, 7:30
Game 2 — Saturday
Dallas at Detroit, 7
(Detroit leads series 2-0)
WESTERN CONFERENCE
L.A. LAKERS VS. UTAH
Game 2 — Tomorrow
Utah at L.A. Lakers, 10:30
(L.A. Lakers lead series 1-0)
NEW ORLEANS VS. SAN ANTONIO
Game 2 — Last night
San Antonio at New Orleans
Game 3 — Thursday
New Orleans at San Antonio, 9:30
(New Orleans leads series 1-0)

NBA

CONFERENCE SEMIFINALS
EASTERN CONFERENCE
BOSTON VS. CLEVELAND
Game 1 — Tonight
Cleveland at Boston, 8
Game 2 — Thursday
Cleveland at Boston, 7
DETROIT VS. ORLANDO
Game 2 — Last night
Detroit 100 Orlando 93
Game 3 — Tomorrow
Detroit at Orlando, 8

MLB

LAST NIGHT'S RESULTS
AMERICAN LEAGUE
TORONTO 1 Chicago W. Sox 0
Boston at Detroit
L.A. Angels at Kansas City
Baltimore at Oakland
Texas at Seattle
NATIONAL LEAGUE
Cincinnati 5 Chicago Cubs 3
St. Louis at Colorado
Philadelphia at Arizona
N.Y. Mets at L.A. Dodgers
TONIGHT'S GAMES
AMERICAN LEAGUE
Boston at Detroit, 7:05
Cleveland at N.Y. Yankees, 7:05
Tampa Bay at **TORONTO**, 7:07
L.A. Angels at Kansas City, 8:10
Minnesota at Chicago W. Sox, 8:11
Baltimore at Oakland, 10:05
Texas at Seattle, 10:10
NATIONAL LEAGUE
San Francisco at Pittsburgh, 7:05
San Diego at Atlanta, 7:10
Milwaukee at Florida, 7:10
Chicago Cubs at Cincinnati, 7:10
Washington at Houston, 8:05
St. Louis at Colorado, 8:35
Philadelphia at Arizona, 9:40
N.Y. Mets at L.A. Dodgers, 10:10

AHL

AMERICAN HOCKEY LEAGUE
PLAYOFF GAMES FEATURING THE MARLIES:
TORONTO VS. SYRACUSE
Game 3 — Tonight
TORONTO at Syracuse, 7
(Syracuse leads series 2-0)

LOTTERIES

Ontario Pick 3	9 5 3
Ontario Pick 4	0 5 9 2
Encore	4354558
Daily Keno	1, 3, 5, 7, 16, 20, 21, 22, 25, 26, 30, 32, 33, 39, 41, 51, 54, 61, 69, 70.

Results not official

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End of road looms for NHL longshots

YORK REPORT
MARTY YORK
marty.york@metronews.ca

As they entered the second round of the NHL playoffs against much higher-rated opponents, they were understandably classified by oddsmakers as the longest of the longshots in the Stanley Cup race. By now, both the Philadelphia Flyers and the Dallas Stars were supposed to be dearly departed.

Yet here they are, still ticking, providing irrefutable evidence that anything can indeed happen in the playoffs, and eager to defy the odds once again at the conference finals.

It's bizarre. I mean, the Flyers and Stars were both *15-to-1* underdogs.

That's not all they had in common, though.

Consider these striking similarities:

• Their red-hot goaltenders stole games against their second-round opponents.

• Their goalies are both named Marty — **Marty Biron** with the Flyers and **Marty Turco** with the Stars.

• They both have key forwards named Richards — **Mike Richards** with the Flyers and **Brad Richards** with the Stars.

• They both received major scoring production from forwards who got hot — **R.J. Umberger** with the Flyers and **Brenden Morrow** with the Stars.

• They both have no chance whatsoever in the next round.

Yep, the parties are over for these guys.

Seriously, the Flyers have already won their Cup. They were the Eastern Conference's worst team last season. Their ascent to the conference final is magnificent. Against their Penn Pals, however, they stand no chance. **Sidney Crosby** and the Pittsburgh Penguins will end the Flyers' dream season in relatively rapid fashion.

Penguins in five.

As for the Stars, they in no way match up with the Detroit Red Wings, who obliterated the Colorado Avalanche in four games and are rested enough to repeat the feat against Dallas.

Red Wings in four.

» MLB sources pass on word that the Blue Jays are offering pitching for hitting in trade talks and have discussed:

• Canadian outfielder **Jason Bay** with the Pittsburgh Pirates.

• **Ken Griffey Jr.** and/or **Adam Dunn** with the Cincinnati Reds.

• **Josh Hamilton** with the Texas Rangers.

» Add **Steve Phillips** to the growing list of second-guessers wondering why the Jays are balking at **Barry Bonds**, who's willing to join them for the minimum salary.

Jays reliever **Jeremy Accardo**, an ex-teammate of Bonds with the San Francisco Giants, considers the home-run king a terrific teammate but general manager **J.P. Ricciardi** views Bonds as a potential clubhouse problem.

Phillips, a former New York Mets' GM who analyzes MLB for ESPN and TSN, questions Ricciardi, saying: "I think Bonds is the perfect fit for the Jays ... He'd give them the edge they need."

In three-plus decades as a columnist and broadcaster, Marty York has built a network of solid contacts and a renowned reputation for his hard-hitting, groundbreaking style. The tradition continues in Metro Sports.

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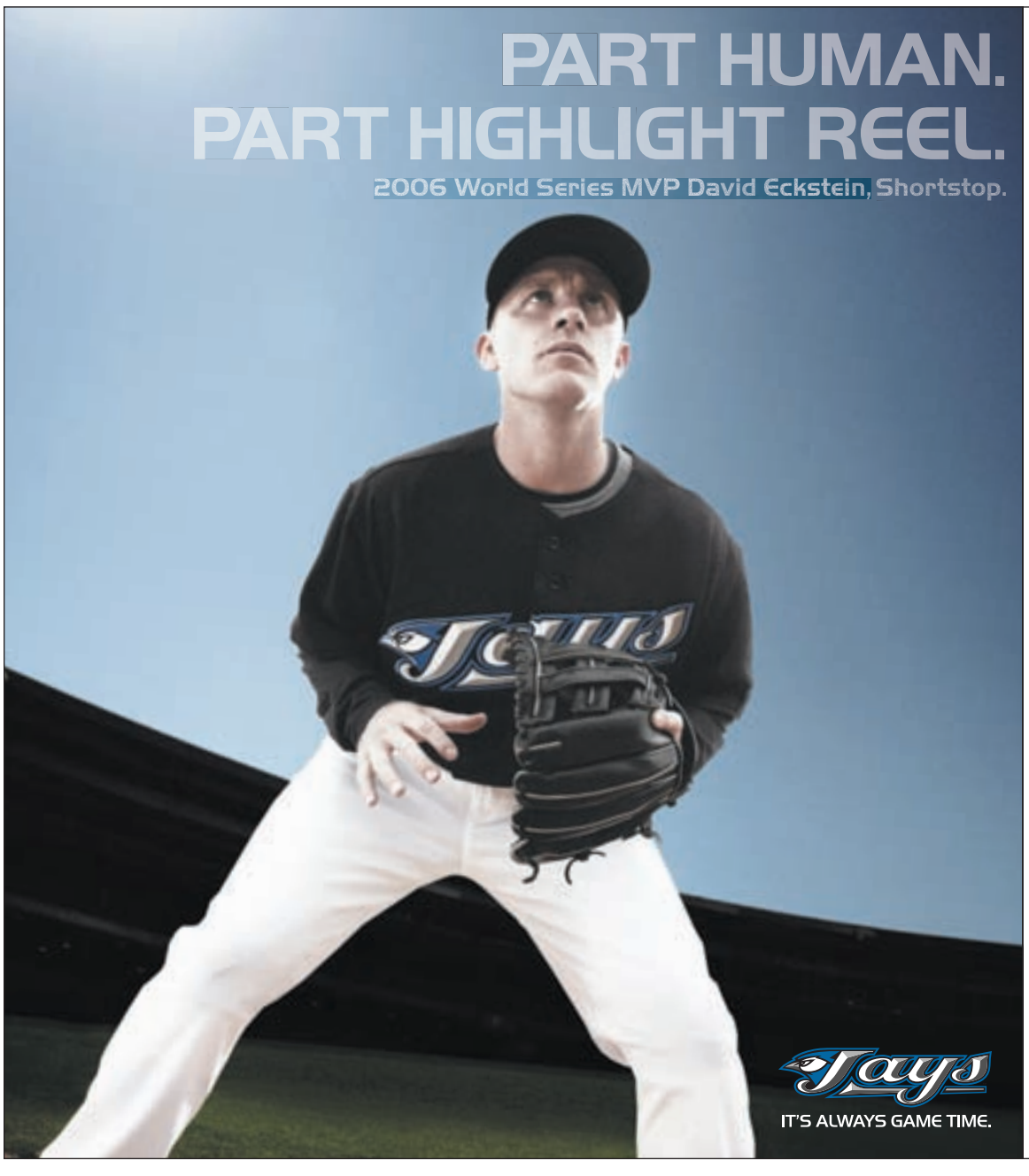
»sports In Brief

» **MLB** Roger Clemens apologized yesterday for unspecified mistakes in his personal life but denied having an affair with a 15-year-old. The Daily News reported last week Clemens had a decade-long relationship with country star Mindy McCready that began when she was 15 and an aspiring singer.

» **HOCKEY** Julien Sprunger scored both goals to lead Switzerland to a 2-1 win over Belarus at the world hockey championship yesterday. In other action, Tuomo Ruutu scored in overtime as Finland edged Norway, 3-2.

» **NBA** The Phoenix Suns gave permission for coach Mike D'Antoni to talk to other teams, with the Chicago Bulls and the New York Knicks said to be interested. METRO NEWS SERVICES



Jays vs Rays

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Your car: To lease or not to lease?

Let's face it, the fun part in looking for a car is definitely picking the model, the colour, and picturing yourself flying down the road, your hair waving, in your shiny new ride. Crunching the numbers to determine if it's better to lease or buy excites no one! And the truth is, there is no black or white answer when it comes to leasing versus buying. Even among our own group, one of us leases, two own outright, and the other two take the bus (or hitch a ride with us!). So when it comes to leasing versus buying, what is best for you?

Leasing is a great option if you:

» Own your own business
» Prefer to update your car for a newer model every few years and don't want the hassle of repairs if anything were to happen (it's kind of like renting that way)
» If you want lower monthly payments than buying a car with a loan — between 30 to 60 per cent cheaper

However, the advantages for you in buying are:

» You will actually own your car or will some day
» You will one day be free of car payments
» It may make sense if you want to hold on to a car for a longer period of time

If you are leaning toward buying (which it seems as though you are), there are a few things to keep in mind.

TIP: If you're going to buy from a dealership, the best time to buy is at the end of the month, as the sales staff often have monthly sales quotas they are trying to meet. Shopping early in the morning — especially in bad weather — when few customers are around, is also the best time to negotiate a great deal.

TIP: Rental companies are also a source for used cars, but they can sometimes have high mileage and wear and tear from being driven by lots of different people. They are often better maintained in comparison to privately sold vehicles.

TIP: You can often get the best price on a vehicle if you buy directly from its previous owner — on average 20 per cent less than the retail price advertised by local dealers. Private sellers don't have to charge overhead for running a business and are eager to sell.

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HOPE FOR THE CURE

CANADIAN BREAST CANCER FOUNDATION / FONDATION CANADIENNE DU CANCER DU SEIN

Tuesday, May 6, 2008

TORSTAR NEWS SERVICE PHOTOS

More than 170,000 people from 55 communities across the country are expected to participate in this year's CIBC Run For The Cure on Oct. 5.

Running for research

Foundation gearing up for its annual CIBC Run For The Cure

It's a long way off, but the Canadian Breast Cancer Foundation is already gearing up for its annual CIBC Run For The Cure.

More than 170,000 people from 55 communities across the country are expected to participate in the run, which is the largest single-day volunteer-led fundraising event in Canada dedicated to breast cancer research and support. Taking place Oct. 5, the 17th annual run is aiming to raise more than the record $27-million tally from last year, by making it easier for participants to register online.

It's a far cry from the run's humble beginnings in Toronto in 1992. Since then, more than one million people have participated in cities and towns from coast to coast.

The Run For The Cure is the largest single-day volunteer-led fundraising event in Canada dedicated to breast cancer research and support.

"The run has been very effective in raising money for breast cancer research," says Sandra Clegg, manager of corporate communications for the Canadian Breast Cancer Foundation.

Where does the money go? The foundation says 95 per cent of funds stay in the regions where they were raised, while 5 per cent of the net funds are distributed to national research areas. The research initiatives are numerous: Better understanding of the biology of breast cancer and its environmental, lifestyle and genetic links, how the disease occurs and how the risk of developing it might be reduced, improving diagnostic techniques, and better support for women at the time of diagnosis.

Better funding has led to great research results: Breast density and severe psychological stress were found to be risk factors in developing breast cancer, impacting screenings and protocols. Early life exposure to vitamin D has been found to lower breast cancer risk. Since the mid 1980s, research has led to significant improvement in survival rates, the Canadian Cancer Society has found (with the current five-year survival rate in Canada at 87 per cent, for example) and less invasive, more targeted treatments.

Thousands of participants cross the finish line.

» If you would like to participate in this year's CIBC Run For The Cure, visit *www.cibcrunforthecure.com*. Or register in person at a CIBC branch, Running Room store or at the site on the day of the run.

METRO NEWS SERVICES

Breast cancer affects Canadians from coast to coast.

On **Sunday, October 5, 2008**, unite with all Canadians in the Canadian Breast Cancer Foundation CIBC Run for the Cure.

Be part of the largest single-day volunteer-led fundraising event dedicated to creating a future without breast cancer.

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CIBC Run for the Cure

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In 2008, an estimated 22,400 Canadian women will be diagnosed with breast cancer, and 5,300 will die from it. It is expected that 170 men will be diagnosed with breast cancer, and 50 will die from it. CANADIAN CANCER SOCIETY/NATIONAL CANCER INSTITUTE OF CANADA

Sponsors help boost fundraising

Corporate partners a generous addition

By **SANDY CAETANO**
Metro Toronto

One of the things that helps boost fundraisers and make them successful are the people who generously donate to help make a difference, like the many people who take part in walks and runs to raise funds for a certain cause — whether it's AIDS, prostate cancer, ovarian cancer or to help fight breast cancer. Breast cancer is the most common cancer among Canadian women, and the cause of it is unknown.

According to the Canadian Cancer Society/National Cancer Institute of Canada, Canadian Cancer Statistics 2008, this year alone an estimated 22,400 Canadian women will be diagnosed with breast cancer and 5,300 will die from it.

Every dollar donated to research helps discover the causes of breast cancer, gives us better methods to prevent and detect the disease, and provides treatments that are more effective.

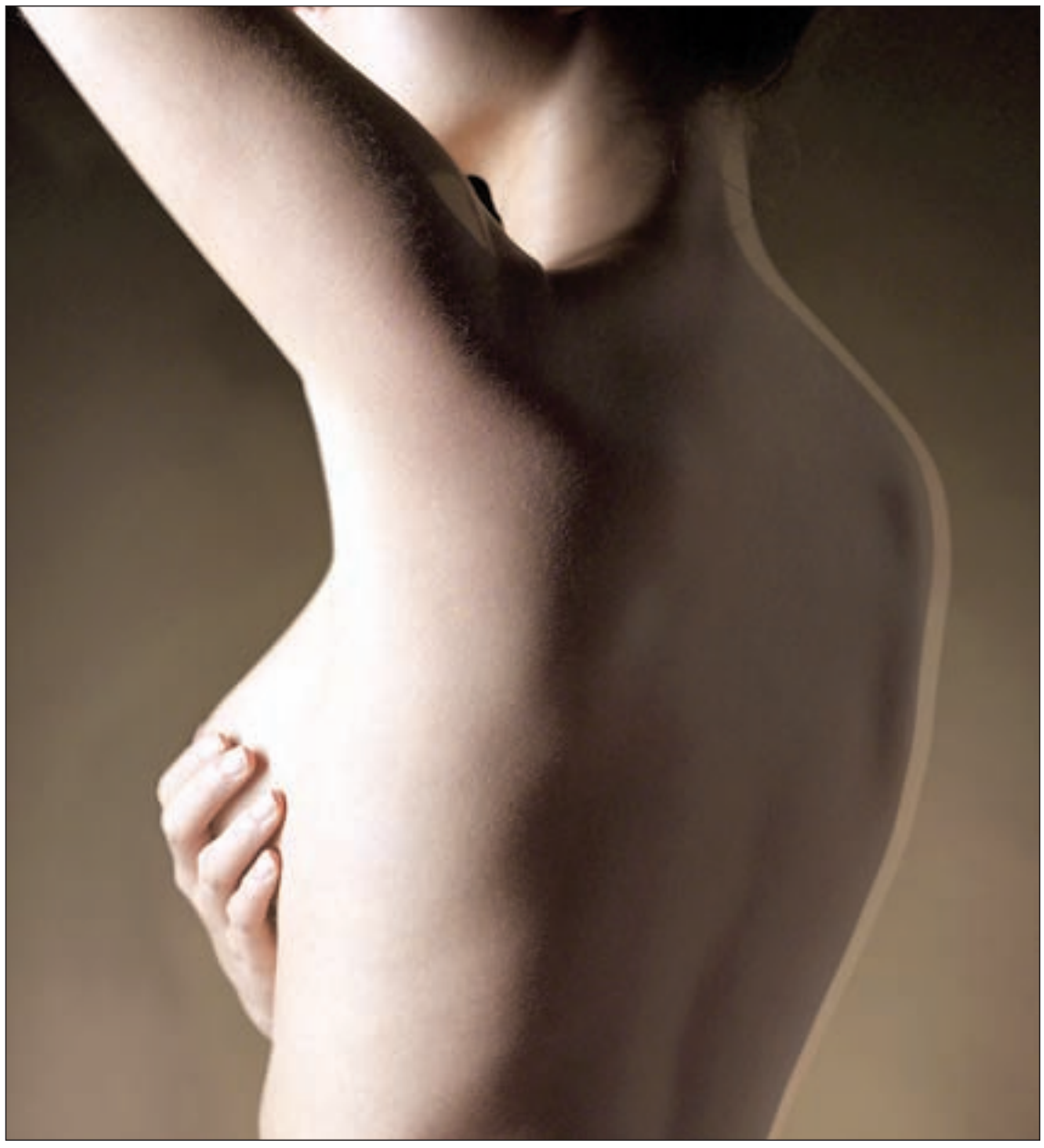
And like all those who contribute, the Canadian Breast Cancer Foundation's sponsors are a big part of improving the quality of life for survivors.

Some of the foundation's key national partnerships are with CIBC, Hbc, McCain, M&M's, Sears, KitchenAid, Kruger Products including Scotties, Cashmere & SpongeTowels, New Balance, and 3M.

"In addition, on a regional basis there are significant partnerships and generous addition revenue for the foundation," says Mark Hierlihy, director of development, Central Office. "Key examples of corporate partners in this group in Western Canada would be Telus, which is the presenting sponsor of the Telus Tour for the Cure, as well as Safeway, which has developed a significant in-store program."

> *« Corporate partnerships across Canada are responsible for $10 million in revenue from cause marketing and sponsorship programs. »*
>
> *Mark Hierlihy, director of development, Central Office, Canadian Breast Cancer Foundation*

Each of the partnerships have slightly different origins. Hierlihy explains that CIBC, for example, was keen to develop title sponsorship of the Canadian Breast Cancer Foundation CIBC Run For The Cure based on the grassroots support that began with its employees in British Columbia. From the initial commitment, the cause and CIBC's support has become part of its corporate fabric.



Breast cancer is the most common cancer among Canadian women.

Hbc, as another example, has evolved its October Think Pink program from a single T-shirt program to an integrated marketing program that is across the Bay, Zellers and Home Outfitters and includes not only its own marquee items but more than 100 vendor products.

"Primarily, corporate partners raise funds to support the foundation's work. Corporate partnerships across Canada are responsible for $10 million in revenue from cause marketing and sponsorship programs," he says. "More recently, programs have evolved to include the dissemination of the foundation's breast cancer health information."

Specifically, the rights fees that come from national and regional sponsors help underwrite the cost of foundation events, most significantly the run as its signature event.

Another important element of these partnerships would be the opportunity to engage partners' employee base in the run and other foundation fundraising programs. The fundraising support can range from hundreds of dollars to more than $2 million for the run. Teams of all kinds contribute 70 per cent of run donations.

» For more information, visit *www.cbcf.org*.

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Breast Cancer Today

Online resource raises awareness

Website includes guides, advice

The Canadian Breast Cancer Foundation has a comprehensive online resource on raising awareness about breast cancer and its effects on daily life (*www.cbcf.org*). The website features various guides, some of which include how to detect breast cancer early by educating yourself on what to look for, how to reduce the risk of it by healthy lifestyle choices and the emotional, practical and financial impact it will have on your life should either you or someone you know be diagnosed with the disease.

The website *www.cbcf.org* features information guides as well as ways to join in the fight against breast cancer.

The site also points out various ways to take action in the fight against breast cancer — either by making donations to the organization, participating in the annual CIBC Run For The Cure, organizing or supporting community events, shopping for partnered "pink products" or filling one of the many volunteer positions at the foundation. METRO NEWS SERVICES

A new study, led by Dr. Chris Mueller at Queen's University, pinpoints a biological link between stress and breast cancer.

Breast cancer, stress linked, research finds

Hydrocortisone shuts off gene: Five-year study

By **RAFAEL BRUSILOW**
for Metro Toronto

A new Canadian research study has uncovered evidence of a biological link between severe psychological stress and breast cancer.

The five-year study, headed by Dr. Chris Mueller at Queen's University, discovered that the stress hormone hydrocortisone turns off an important tumour-suppressing gene directly related to breast cancer.

Hydrocortisone is a synthetic copy of the hormone cortisol, which the body releases during times of intense psychological distress, such as after the death of a loved one or the loss of a job.

Funded by the Ontario region of the Canadian Breast Cancer Foundation, the study is revolutionary because it is the first of its kind to actually pinpoint a potential biological link between stress and breast cancer. Previous research studies have focused on survey-based evidence showing at least an anecdotal link but without hard biological evidence to prove it.

"It's really the first example of explaining that link between stress and breast cancer," Mueller said.

While identifying a biological between stress and cancer is a great first step, Mueller hopes his research will lead to better assessment and prevention by helping identify at-risk women earlier and more accurately.

"If we can develop a method of pinpointing those who may be particularly susceptible ... we may be able to support them in taking steps to reduce their risk," he said.

Sharon Wood, CEO of the Canadian Brest Cancer Foundation in Ontario, says the foundation is extremely pleased with the study's results and also hopes the research will eventually make better prevention possible.

"We're very interested in learning the causes and risks so we can stop breast cancer before it starts.

"What are some clear guidelines we can give women? Is there going to be an impact on women's lives? That has to be the next step to transform this biological link to something specific," Wood said.

> *« It's still a controversial area — it still met with some resistance. The mainstream medical field does not recognize stress as a risk factor because it's hard to quantify. »*
>
> *Dr. Chris Mueller, of Queen's University*

Mueller says finishing the study wasn't easy, as traditional medicine still balks at labelling stress as a cancer agent.

"It's still a controversial area — it still met with some resistance. The mainstream medical field does not recognize stress as a risk factor because it's hard to quantify," he said.

Mueller, who has 15 years of experience in studying breast cancer, considers his work a personal crusade to save women from the same disease many in his own extended family have struggled with.

"It is a personal motivation for me. I come from a high-risk family," Mueller said.

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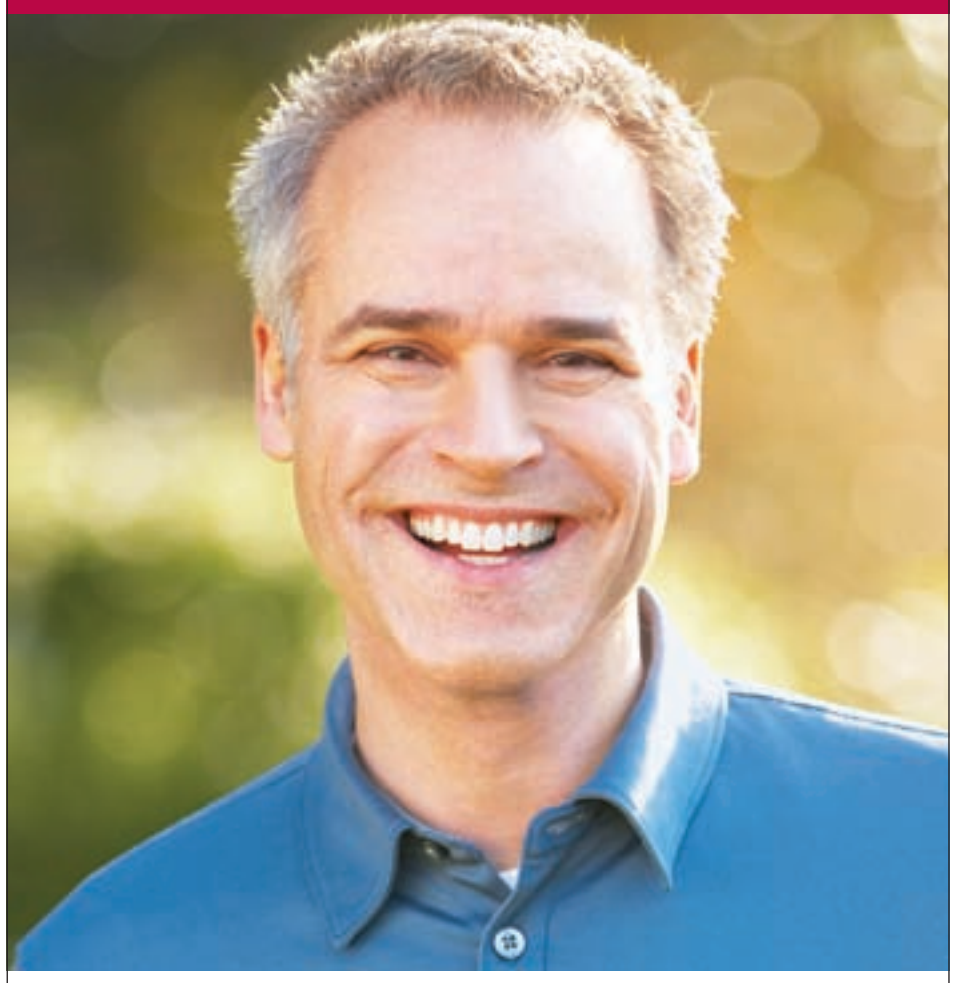

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workology

Canada's Best Diversity Employers 2008 recently released a list of the country's 25 companies that support a diverse workforce. Air Canada was on the list due to the fact that in 2006, 20 per cent of new hires were visible minorities. METRO NEWS SERVICES

When the empty nest fills up again...

Diana Jenkins was happy to welcome her daughter back home after college — as long as there were rules.

No boyfriends sleeping over. No excessive drinking. A midnight curfew during the week. And her daughter had to tell her if she was not coming for dinner, well before dinnertime.

"We don't nag her to death," says Jenkins, 50, who has two other children. "They're adults, and you have to understand for four years, they have pretty much called the shots in their own life."

> *« We don't nag her to death. They're adults, and you have to understand for four years, they have pretty much called the shots in their own life. »*
> Diana Jenkins

Nearly half of college graduates return to the nest, according to Susan Shaffer, co-author of Mom, Can I Move Back in with You?: A Survival Guide for Parents of Twentysomethings. And while these so-called Boomerangers may have come home for Christmas vacation and spring and summer breaks, moving back home for a more permanent period of time is a whole new ball game.

Here are some tips from parents and experts:

»Plan ahead. Whether it's applying to graduate school, finding employment, saving money or taking a break from life, recent graduates need to have a plan.

» Establish rules. Make sure your child knows that the house is not party central, says Jenkins. Discuss whether friends and significant others are allowed to come over.

»Make them contribute. Many Boomerangers are not going to have money to pay room and board, but you should make them contribute something to the household, whether it's household chores or chauffeuring a younger sibling around.

»Set a time limit. Most Boomerangers will move out within a couple of years. But there are some who are failing to launch, according to William Damon, author of The Path to Purpose.

THE ASSOCIATED PRESS

No place like home?

'Boomerangers' moving back with parents after grad

When Melissa Jenkins received her college diploma last year, she was ready to get on with life — and move in with her parents.

The 23-year-old was saddled with student loans from her years at college and felt she had no solid career prospects.

"It didn't make sense for me to move out on my own," she says. "I didn't have the appropriate funds. I was searching for a career path."

When the class of 2008 graduates this spring, nearly half are expected to move back home, according to Susan Shaffer, co-author of Mom, Can I Move Back in with You?: A Survival Guide for Parents of Twentysomethings. They're called Boomerangers, and their number has remained pretty consistent since the dot-com bust, she says, a result of financial and social pressures unknown to previous generations.

The economy isn't entirely to blame: This year's job outlook is better than last's, according to the U.S. National Association of Colleges and Employers, with companies planning to hire eight-percent more recent graduates this year.

Still, wages for new grads haven't kept pace with inflation in the U.S. and rising student loan and credit card debt and a troubled housing market make a return to the nest more likely, experts say.

Graduating students are more and more likely to move back in with their parents due to a plethora of reasons, student debt among them.

lavish student life?

» Many graduates are also reluctant to compromise on the expensive lifestyle they've come to enjoy says Nicholas Aretakis, author of No More Ramen: The 20-something's Real World Survival Guide.

Today's twentysomethings also have better relationships with their parents, they don't mind trading in their independence and their parents are OK with having them come home.

"It's become the norm for recent grads to move back home," says Alexandra Robbins, author of Conquering Your Quarterlife Crisis.

According to 2006 U.S. Census figures, 46.7 per cent of women and 53.7 per cent of men ages 18 to 24 still live at home, although those numbers include college students living in dorms. For ages 25 to 34, 14.3 per cent of men lived with their parents in 2006, compared to 10.9 per cent in 1960.

Robbins says twentysomethings can't afford to be independent these days. "Even before this latest downturn, this generation was not earning the same wages that their parents earned, taking inflation into consideration," she says.

Of course, starting salaries have never been high — even Baby Boomers made low wages in their first post college gig, says Anna Ivey, an admissions and career consultant.

But 73 per cent of today's graduating seniors will leave college with an average of about $23,000 in student loans, according to the Student Monitor Spring 2008 Recruitment study. And the average outstanding balance on undergraduate credit cards was $2,169, according to a 2004 Nellie Mae survey, the most recent year available.

"They might have good jobs but they are also graduating with a lot of debt," says Ivey. "That can make it hard to meet basic expenses once they are out of college."

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The detail in the Devil

Demon possession 'definitely' happens, demonologist says

By **BRIAN TOWIE**
Metro Toronto

The devil made Dr. William Bradshaw do it.

The retired minister and academic from St. Louis, Mo., recently released Sinister Among Us, a suspense novel about the president of a small American Midwest college who uncovers a group of Satanists at the centre of the school's problems.

But Bradshaw isn't out to simply send chills down a reader's spine, he claims the fictitious work is an introduction to his main labour — demonology.

"It's demonology 101," says Bradshaw. "I wrote it so that the layman could more easily find out about demons and evil spirits, and I've inserted the research in the form of a novel. You find out all about it."

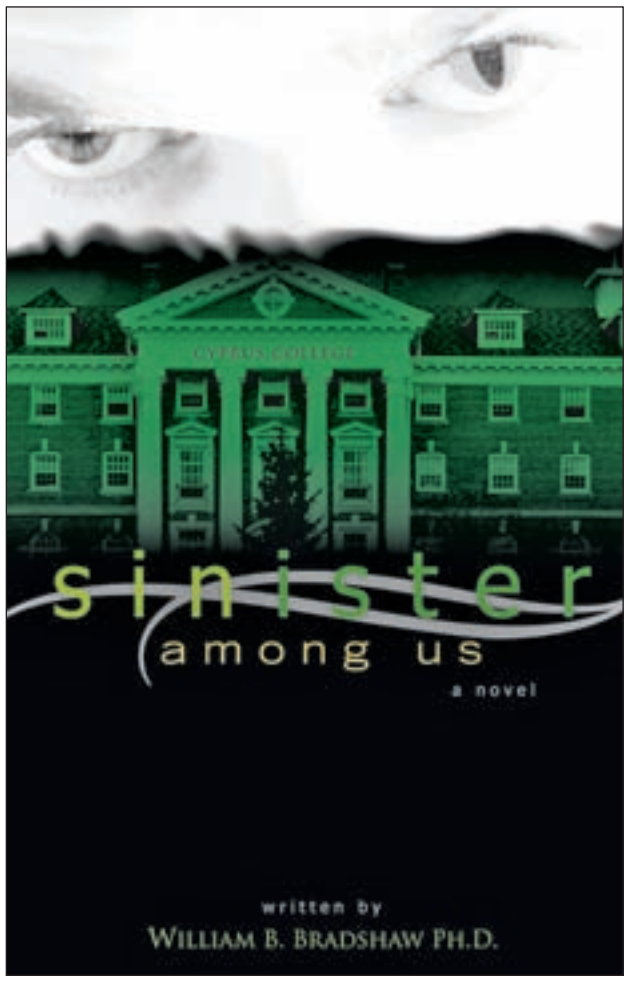
A graduate of the University of Missouri and Yale Divinity School, Bradshaw was studying for his PhD at the University of St. Andrews in Scotland in 1961 under religious scholar Matthew Black. Black, among other theologians, was exploring the possibility of a satanic influence behind the Nazi atrocities during World War II, asking if people could be that inhumane to each other independently of ultra-human assistance, or if a kind of demonic possession was involved. Bradshaw got on the case, tracing the appearance of Satan and demons through early Middle Eastern literature and Judeo-Christian texts, and researching exorcisms or cases considered to be exorcisms.

He returned Stateside after his studies as America's first strictly academic demonologist, always stressing that he has always done his best to keep his research as unbiased as possible.

"I do not say what I do and do not believe because people will say, 'Well, that's why you wrote that.' I'm giving people the information and they make their own decisions," says Bradshaw. "Let me tell you that scholarly information would suggest that demon possession, very definitely, does happen."

William Bradshaw

> *« I do not say what I do and do not believe because people will say, 'Well, that's why you wrote that.' I'm giving people the information and they make their own decisions. Let me tell you that scholarly information would suggest that demon possession, very definitely, does happen. »*
>
> *North America's first academic demonologist William Bradshaw*



Bradshaw's book cover.

And it happens to good people, Bradshaw theorizes, noting that targets tend toward the innocent, highly virtuous and unusually gifted. Bradshaw says diabolical inhabitations themselves are not unlike the scenario depicted in the horror classic The Exorcist, which, pea soup sprayings and spinning heads aside, is based on an alleged 1949 possession case involving a nine-year-old boy from Cottage City, Md.

"Hollywood trumps it up for dramatic effect, of course," says Bradshaw. "But I would say The Exorcist is the most accurate depiction of demonic possession."

You might think such a pursuit would make him that scary bugger whom no one at the party wants to talk to, but Bradshaw claims this isn't so.

"It's really the other way," he laughs. "Interest in demonology tends to ebb and flow according to what's going on in the world. When there's great human suffering, people look for reasons why, and these questions have come to the fore once again."

on the ›› **move**
by enza supermodel
enza.supermodel@metronews.ca

name » *Bil Antoniou*

age » 30

occupation » *Licensing associate, writer, actor, singer*

location » *Yonge and Queen streets*

BIL ANTONIOU puts in a full week's work as a licensing associate for the Canadian Copyright Licensing Agency and a part-time English studies major at the University of Toronto. In his off hours, his love for storytelling puts him to work writing and producing theatre plays, acting and singing.

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Local college wins prestigious broadcast awards

By SANDY CAETANO
Metro Toronto

Having students succeed after graduating from Humber College's journalism program is just the tip of the iceberg in terms of how successful this program is.

A few weeks back, this program won two top awards at the prestigious annual College Media Advisors Convention in New York City.

The Humber TV News: Holiday Special, which is written and produced by final year students, won the David L. Adams Apple Award for best in show for a television news program. The school's one-hour news radio show, @Humber, won the David L. Adams Apple Award for the second year in a row for best in show for a radio public affairs news program.

The program co-ordinator, Mike Karapita, says nothing can compare to the honour.

"It's just amazing. We're really proud of our students, our teachers and our terrific digital broadcast newsroom," Karapita tells Metro. "Winning in New York was, without a doubt, a highlight of the year. It's more proof that what we're doing here at Humber really works."

> *« It feels like you're at the Academy Awards and our Canadian contingent was just over the moon when we won. »*
> Program co-ordinator Mike Karapita

Students in the broadcast section have to go to New York themselves and enter their work for competition. Print students can enter some of their work in advance, but Karapita adds that you don't know until you get to Manhattan who the biggest winners are.

"It feels like you're at the Academy Awards and, I have to say that our Canadian contingent was just over the moon when we won," he says.

For more information, visit *www.humber.ca.*

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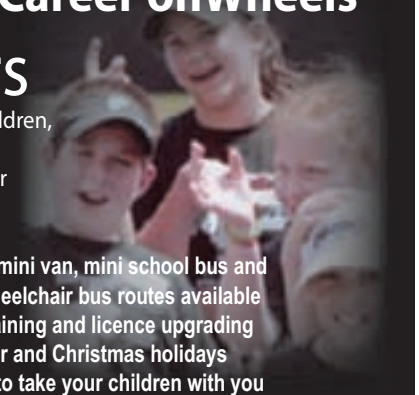

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metro TOP 5IVE

Cheesiest female pick-up lines:

1. Baby, I'm like Taco Bell ... I'll spice up your night.
2. Excuse me but is your last name "Gillette" ... 'cause you are the best a man can get!
3. Are you on America's Most Wanted? 'Cause you're at the top of my list.
4. Didn't they tell you you're supposed to stop, drop and roll when you're that hot.
5. Are you a parking ticket, 'cause you have fine written all over you.

— Metro News Services

dating jungle»

will return...

The ethical chocoholic

alive

From the editors of alive magazine; alive.metro@alive.com

Chocolate can be a guilty pleasure. But according to new scientific findings, a daily dark chocolate fix can lower blood pressure, reduce diabetes risk and even boost memory. It can also aid in preserving the world's dwindling rainforest.

Satisfy your sweet tooth and help save the planet from toxic fertilizers by choosing cocoa treats with an organic label.

ethical chocolate choices

Here are some companies that produce eco-friendly chocolate, from the editors of alive magazine — Canada's natural health and wellness magazine:

» Dagoba (*dagobachocolate.com*) — Extensive line of organic, rainforest-grown chocolate. It offsets the energy used at its Oregon facility by buying renewable energy credits.

» Denman Island Chocolate (*denmanislandchocolate.com*) — B.C. company that donates a percentage of its organic chocolate profits to conservation organizations.

» Green and Black's Organic Chocolate (*greenandblacks.com*) — This company was the first to carry the fair trade mark in the U.K.

» Endangered Species Chocolate (*chocolatebar.com*) — It sets aside a percentage of its sales for the protection of endangered animals and their habitat.

JEWEL OF THE RAINFOREST

» Cacao trees, the source of cocoa beans that are processed to make chocolate, are grown in tropical regions all over the world. These small trees thrive under the lush canopy of the rainforest where they obtain the correct amount of humidity, precipitation, shade, wind and nutrients. Along with coffee, cocoa beans are one of the few food crops that can coexist with a forest.

Unfortunately, cocoa beans can be grown in full sunlight as well as shade. For very poor cocoa farmers, the lure of increased income from higher yields is a strong incentive for them to pull out their axes and chop down trees, creating sunny plantations with little biodiversity in flora and fauna.

ECOLOGICAL IMPACT

» Sadly, as world demand for chocolate grows, more cocoa is being grown on large, unshaded, monocrop plantations. This farming method not only destroys the dwellings of rainforest creatures but also degrades the conditions cacao trees need to grow properly. Why take such an ecologically devastating action? Because, in the short term, chemical-intensive cacao plantations produce more fruit pods.

That's bad news, not only for the farmers, but also for the macaws and monkeys who've lost their habitat. To counteract the effects of global warming, we need all the trees we can get.

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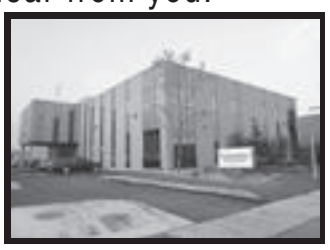

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Tamara Taylor, actress on Bones, and Graham Abbey, actor on CBC's Othello (airing June 15).

Tamara and Graham are partial to Kiehl's

Tamara Taylor, actress, plays Dr. Camille Soroyan on Bones, airing on Global, Wednesday nights:

Q What products make you look and feel good?

A I have sensitive skin, so any and all of the fancy face products are off limits for me. I love just about anything Bumble and Bumble makes! Kiehl's tinted lip balm is amazing!

Q Describe your style.

A Describe my personal style ... yikes! I'd like to think it's somewhere between "Phyllis" (from The Mary Tyler Moore Show) and Audrey Hepburn. My style is a little more retro than trendy.

Q How do you keep life in perspective?

A I don't know. I haven't quite mastered that one yet. Got any tips?

Q What things make life easier?

A The three B's: Bossa Nova, the beach and my boyfriend (now my husband). I guess the three B's will have to be revised.

Q How do you stay fit?

A It's a pretty British workout. It includes hiking, stretching and yoga. No gyms!

Q What are your healthy eating habits?

A Balance is the key for me. Anything green, anything clean and very little meat. Of course, sugar of any kind and a glass of red wine!

Graham Abbey, actor, plays Cassio in the CBC television production of Othello, airing June 15:

Q What products make you look and feel good?

A I try to use products that make me feel good on the inside and outside. I love Gogi berry juice and the Greens Plus energy formula. I've been trying to get better at using a moisturizer and have been partial lately to Kiehl's products. I especially like the Ultra facial Moisturizer and the Abyssine + eye cream.

Q Describe your style.

A My sense of style is truly limited so I rely on the good advice of my friends and fiancée. The only thing I know is never wear white after Labour Day and camouflage shirts are not my friend.

Q How do you keep life in perspective?

A My grandmother used to have a poem pinned to her fridge that said: "Don't worry, don't hurry. It's a short trip, take time to smell the flowers."

CELEB BEAUTY
MARCY CORNBLUM
entertainment@metronews.ca

Marcy Cornblum is a freelance journalist. She's developed up-close and personal relationships with celebrities including actors, musicians and television personalities.

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Strive to be equals

Sustaining a relationship requires change

Change is part of what keeps a relationship interesting. Try to be more of an equal partner by switching up the his/her "duties" once in a while. It will make you appreciate each other more.

Spring cleaning isn't just aimed at your garage or basement — it's time to think about your love life and how you can freshen it up.

Whether in a long-term relationship, beginning a romance or looking for love, it's important to open your mind, try new strategies and spice up your life. Everyone knows that chemistry brings two people together, and though I'm sure bringing new moves to the bedroom will help spark renewed interest, that's not what I'm talking about here.

What's the glue that can sustain a long and healthy relationship? A meaningful connection — laughter, mutual respect and admiration, plus friendship. Finding those feelings toward the right person, or renewing them in your present partner, can be achieved ... if you're willing to make some changes in yourself.

Here's what I mean: We've all been hurt before. It comes with the territory of finding love. But if you let that old pain burn a fire in your heart, it will prevent you from ever being able to truly love again.

Let go of old hurts. If you're dating someone new after a painful breakup, don't immediately tell the new person all the disastrous details of your last relationship. Once you've gotten to know each other better, open up and share — then let it go. This new person isn't the one who hurt you, so don't punish him or her.

And if you have decided to forgive something your present partner did, and move on within the relationship, then do just that. Stay true to your decision and don't bring up the negative past in new arguments. If you can't get past it, either seek counselling or you may have to look for love elsewhere.

It's easy to get caught up in the treadmill of life — family obligations, work obligations, children and their activities. Try jumping off and do something out of the ordinary — for you. That doesn't have to mean taking your partner bungee jumping, just do something that you never get to do. And if you're single, this can be a great way to meet a whole new group of singles.

RELATING
LISI TESHER
relating@metronews.ca

Try to be more of an equal partner. Even if you've been married for years, try to switch up the "duties" that have somehow fallen into your jurisdiction. For example, ladies, get out and mow the lawn, or clean out the fish tank; and men, plan an evening out with your wife, or offer to make dinner for the family on a weekday, including doing the shopping. You'll appreciate each other all the more when you step into his/her shoes, even just for an hour or two.

And if you're dating, ladies, offer to pay one night. Even if he won't let you, he'll appreciate the gesture. Guys, make a little more effort with your appearance, choose a chick flick instead of an action movie, show an interest in her interests.

Love isn't meant to be static, so remember: Change is part of what keeps it all interesting.

Lisi Tesher is a much travelled freelance writer who has studied art history, photography, languages and pop culture. She is also a constant and fascinated student of relationships, maintaining contact with a worldwide network.

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entertainment

Actress Scarlett Johansson, left, and her boyfriend, actor Ryan Reynolds, are engaged, her rep has confirmed.

PEOPLE.COM

celeb security

Alleged Hudson stalker arrested

Hudson

PEOPLE Security around Kate Hudson's latest movie Bride Wars is on high alert after a man allegedly expressed an "unhealthy interest" in the actress, imdb.com reports. Neil Bergman of Whitefield, N.H., was arraigned last week on burglary charges in Boston and sent away for a 30-day mental evaluation.

knighted

Minogue accepts French honour

Minogue

PEOPLE France honoured pop diva Kylie Minogue yesterday, making her Knight of the Order of Arts and Letters for her contribution to French culture, The Associated Press reports.

Minogue received the prestigious title the day before kicking off a world tour for her album X.

METRO NEWS SERVICES

»news

In Brief

» **TV** TV Guide's Michael Ausiello reports the ABC drama Men In Trees has been cancelled.

» **MUSIC** Madonna's latest album Hard Candy has gone straight to No. 1 in the U.K.

METRO NEWS SERVICES

The Kills bang the drums

The Kills — Alison (VV) Mosshart, left, and Jamie (Hotel) Hince — play in Toronto tonight.

Garage rock duo attack each track with quirky sounds

By **ROB McMAHON**
for Metro Toronto

Sharp guitars and snarling vocals stick out of the Kills' prickly garage rock.

But guitarist and sometime vocalist Jamie Hince (a.k.a. Hotel) explained the detailed-oriented duo attack every track drums-first.

> *« The way I play guitar is as a very rhythmic instrument, and for me percussion saturates everything. »*
>
> *The Kills' Jamie Hince*

"Every song I write always starts with rhythm," said Hince. "The way I play guitar is as a very rhythmic instrument, and for me percussion saturates everything."

This attention to percussive detail is amplified in the band's new disc, Midnight Boom. Though it's the first time Hince really experimented with detailed drum arrangements, he's a big fan of dance remixes of rock tracks. However, he's always felt "working as a rock and roll band, we're a bit uptight about letting loose on dance music."

Despite reservations with four-on-the-floor beat-making, Hince's tinkering paid off. Rather than layering melodies over top percussion, Alison (VV) Mosshart's vocals and Hince's guitar stabs work between beats pushed to the front of the mix.

"(On Midnight Boom) the guitar lines were written really sparsely to fill up the space between the drums — to have the guitar works around the drums," said Hince. "Before, the guitar just sort of sat loudly on top of them."

While percussive arrangements are a new focus, the Kills have long been interested in quirky drum sounds, blending loops with live bass kicks. Even when working with samples, the Kills aim for a blend of organic and electronic: Similar to the flat crunch of Queens Of The Stone Age's track I'm Designer, Hince processed real drum hits to sound like a retro sampler.

The Kills live

» The Kills play the Opera House tonight.

"I've always spent a lot of time programming drums and getting samples," he said. "Sometimes I played real drums on top, like using a bass drum … (I would) never use obvious drum machine sounds, like those on an 808. (I wanted) to try and make the drum kit sound like a weird old drum machine."

For the new disc, the duo recruited producer Alex Epton (Armani XXXchange from Spank Rock) to polish the beats. On board for a couple months after the Kills had spent a year and a half recording, Epton added the final percussive flourishes.

"He was really keen to come in and put his mark on it," said Hince. (He wanted) live drums, a full live band, but that's not what we wanted … (Instead) he worked a lot on editing — on moving the bass drum a few milliseconds to get a totally different feeling. He's great at that."

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The Killing Joke is Batman at his best

Batman: The Killing Joke
Author: Alan Moore, Brian Boland
Publisher: DC Comics
Price: $21.99/$17.99 US (Hardcover)

COMIC BOOKS
JONATHAN P. KUEHLEIN
comicbooks@metronews.ca

THE KILLING JOKE IS one of the most perfect Batman comics ever published.

Really. Ask anybody. Except for its artist.

This stand-alone story, originally published in 1988, beautifully interwove a flashback tale that revealed the origin of the Joker with his current villainous plan to drive one of the noblest men in Gotham City — police commissioner Jim Gordon — insane.

Written by comic book icon Alan Moore (Watchmen, V For Vendetta) and breathtakingly illustrated by gifted cover artist Brian Bolland (Camelot 3000), The Killing Joke is utterly chilling in its depiction of the Clown Price of Crime and how one horrible day turned him from a soon-to-be dad and husband into a psychotic killer.

Of course as good as all this sounds, nothing is ever perfect. Bolland, due to time constraints back in '88, couldn't do the colouring himself on the book, resulting in a finished product he was never that happy with.

Now, with this book said to be one of the main inspirations for the pending summer blockbuster, The Dark Knight, starring Christian Bale as Batman and the late Heath Ledger as the Joker, Bolland's original vision — one far more suited to the material — has finally been delivered in a deluxe hardcover edition befitting this all-time classic.

DMZ Vol. 4: Friendly Fire
Author: Brian Wood, Riccardo Burchielli, Nathan Fox, Viktor Kalvachev, Kristian Donaldson
Publisher: Vertigo/DC Comics
Price: $15.99/$12.99 US (Paperback)

THE UNITED STATES OF America lost a war on Day 204 and now someone is going to swing for it.

The young-but-increasingly bitter Matty Roth, the only journalist living and working in the DMZ that used to be New York City after the second American civil war, is about to get the story of a lifetime. He gets to interview the lone soldier charged after 198 peace protesters were gunned down on Day 204 of the conflict in what was either a provoked attack or a colossal mistake — depending on who you ask.

Digging deeper, Matty follows up with the families of the victims and others living in the DMZ to discover the lasting effects this massacre had — how it lost the war for America based solely on perception — and he learns that no matter whether the soldier is found guilty or innocent, that old wounds bleed deeply.

Writer Brian Wood, along with regular artist Riccardo Burchielli and guest artists Nathan Fox, Viktor Kalvachev and Kristian Donaldson, continues to deliver a series that always seems far too grounded in reality to be comfortable — one of the most gripping and relevant comics published today.

With a den filled with thousands and thousands of comics, Jonathan P. Kuehlein is Metro's professional geek. He is, however, 6-foot-2 and 185 pounds, so you probably shouldn't call him that to his face.

more online

» For reviews of Justice League International Vol. 1, Supergirl And The Legion of Super-Heroes: The Quest For Cosmic Boy, DC Universe #0, Noble Causes #32, Screamland #1,2 (of 5), Pigeons From Hell #1 (of 4) and All We Ever Do Is Talk About Wood, please visit *metronews.ca*.

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music

New Kids coming back to Canada

CONCERTS The '90s boy band New Kids On The Block are taking their reunion tour to Canada this September.

The pop quintet says they'll be bringing hits such as You Got It, (The Right Stuff) and Step By Step — as well as new music — to cities including Montreal and Toronto.

A limited tour schedule has been posted on their webpage, with more dates expected to be announced.

Tickets for Montreal's show Sept. 20 go on sale Saturday while tickets for Toronto's show Sept. 21 go on sale Monday.

A new single, called Summertime, is set for release next week, and a new album is expected in the fall.

Since disbanding in 1994, members Jordan Knight, Joey McIntyre and Danny Wood each released solo albums while Donnie Wahlberg turned to acting and Jonathan Knight became a real estate developer.

THE CANADIAN PRESS

P.S. a mechanical love story

P.S. I Love You
Stars: Hilary Swank, Gerard Butler, Lisa Kudrow
Distributor: Warner Bros DVD
PG

You've Got Mail
Stars: Tom Hanks, Meg Ryan
Distributor: Warner Bros. DVD
PG

DVD REVIEWS
RICK McGINNIS
rick.mcginnis@metronews.ca

more online

» For reviews of African American Lives 2, Hiya Kids! A 50s Saturday Morning, The Red Balloon and White Mane, please visit *metronews.ca*.

Hilary Swank stars in P.S. I Love You, now out on DVD.

THERE'S A LOT THAT can go wrong with a romantic comedy, and while everything can't go right, it helps if you get at least the script and the casting down before you shoot a foot of film. At one point this was easy, and Warner's reissue of You've Got Mail is a testament to those days, when you were at least halfway there if you could cast either Tom Hanks or – best of all – Meg Ryan, America's Sweetheart for the whole of the '90s.

Nora Ephron had the screenplays for When Harry Met Sally and Sleepless In Seattle behind her when she started in the director's chair for You've Got Mail, a vague remake of Ernst Lubitsch's The Shop Around The Corner, and with both Hanks and Ryan signed on, it was hard to imagine that anything could go wrong.

On the other hand, it's hard to imagine just what the producers of P.S. I Love You were thinking when they cast Hilary Swank and Gerard Butler as the leads of their romantic comedy about a recently widowed woman putting her life back together with the help of her dead husband. Butler is best known for the huge and heroic 300, while Swank has never been known for her talent as a comic, and next to actors like Lisa Kudrow and Harry Connick Jr., her performance seems graceless.

The result is a picture that plods through its mechanically plotted story, where Swank obliges herself to do whatever she's told by a series of letters posted by the now-dead Butler, who obligingly shows up to comfort her from beyond the grave with his outrageously overcooked Irish accent. One presumes that the filmmakers presumed that the conceit of the letters would make the shuddering storyline feel more plausible, and it might have, were it populated with actors who looked even remotely comfortable with their parts.

Strangely enough, Ephron's You've Got Mail also managed to feel just as contrived. Hanks and Ryan, all dimples and double takes, were as charming as required, but the story of a man and woman carrying on an epistolary romance online while bitter enemies in real life never gels, and by the last quarter, it feels like we're just marking time until the two can collapse into the obligatory clinch.

men & women

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Life after obesity

Ali lost weight to save her health

By **SANDY CAETANO**
Metro Toronto

Obesity is on the rise in Canada, in men, women and children.

It's a disease that many people have trouble battling and causes many to just give up, allowing their health to plummet. And unfortunately, it's more common then we think.

According to Statistics Canada, two out of every three adults in Canada are overweight or obese. Khaliah Ali, daughter of retired boxer and three-time world heavyweight champion Muhammad Ali, was morbidly obese at 325 pounds.

For Ali, a lifetime of dieting and starving left her miserable, depressed and unable to walk up a flight of stairs without losing her breath.

"I actually had an incident, and as trivial as this may sound, I sat on a chair and

Khaliah Ali

broke it. And I thought 'Oh my god,'" Ali tells Metro.

At the time, her son was very young and all Ali kept telling herself was, "You've got to get this off now before he's old enough to realize what's happening.'"

About a week later one of her eating buddies told Ali that they were at an amusement park and weren't able to get on the ride because they couldn't fit.

After all this, Ali realized she had to do something about her health. If not for her sake, for her son's — "What would he do without a mother?"

When a friend told her about gastric banding, Ali called Dr. George Fielding and Dr. Christine Ren. They told her about the Laparoscopic Adjustable Gastric Banding procedure (the LAP-BAND System), which limits the amount your stomach can hold by placing an inflatable silicone band around the stomach and creating a smaller stomach that limits the amount of food you can consume at one time.

"I had my surgery live on the Today Show, and it took under than 20 minutes to be done … there are greater complications during a hysterectomy," says Ali, who just released her book, Fighting Weight, in which she discusses her weight-loss journey.

"Keeping the weight off is completely effortless with the Lap-Band … but you must keep up with your adjustments, if you do not, it will be as if you've never had surgery and you will gain every precious pound back," adds Ali.

INCREASING NUMBERS OF WOMEN ARE LIVING WITH A DIAGNOSIS OF BREAST CANCER.

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The Marvelle Koffler Breast Centre in Mount Sinai Hospital has developed two health promotion programs for women concerned about their breast health.

The *Breast Health Program* was developed for women without a personal history of breast cancer. Breast cancer risk reduction strategies are presented so women can make informed decisions. This one-time 2 hour session covers a variety of topics including the healthy breast, common concerns, risk factors, early detection methods, and optimal nutritional and activity lifestyle choices. **Corporate and community sessions can also be booked.**

Taking Charge: Healthy LIFEstyle Choices after Breast Cancer Program was developed for women after a diagnosis of breast cancer. Research shows that reducing weight by making healthier choices and increasing activity improves overall health and may reduce the chance of recurrence. This program includes 4 - two hour sessions which is given over a 10 week period. Individualized diet and exercise plans will be created for each participant by experts.

To register for either program please call Linda at 416-586-4800 ext. 5190 and listen to the menu or go online at:
http://www.mountsinai.on.ca/care/mkbc
and click on Programs and Classes

RED EYE STUDIO GALLERY (55 Mill St. No. 102, 416-366-3393): Arleen McCallum's recent works are on display in Attende, running to May 11.

ROBERTS GALLERY (641 Yonge St. 416-924-8731): Joseph Peller's exhibit Into The Light — The City Transfigured is on display to May 8.

ROYAL ONTARIO MUSEUM (100 Queen's Park. 416-586-8000): Out From Under: Disability, History And Things To Remember exhibit explores Canadian disability history. On display to July 13.

RYERSON GALLERY (80 Spadina Ave. No. 305, 416-703-2235): The Public Stage: Selected Street Photographs from the Mira Godard Study Centre is on display to May 10 (reception May 8 at 6 p.m.).

SHERWAY GARDENS GALLERY (Hwy. 427 & QEW): Here, There & Everywhere exhibit with works by Cheryl Mount, Karen Walker and Wendy Weaver is on display to May 24.

STUDIO 109 (Case Goods Bldg., 55 Mill St.): Tanya Kirouac, Kal Mansur, Robyn Drage and other artists exhibit their works to May 11.

TEXTILE MUSEUM (55 Centre Ave. 416-599-5321): The Battleground Project features The Kandahar Journals of Richard Johnson, Patches: Military Uniform Insignia and Battleground: War Rugs from Afghanistan. On display to Jan. 27, 2009.

TORONTO REFERENCE LIBRARY Gallery (789 Yonge St.): From Hanga To Manga: The Graphic Art Of Japanese Storytelling exhibit features woodblock prints, Japanese comics and rare illustrated books. On display to June 28.

VERNISSAGE (2211 Queen St. E. 416-693-1141): Works by Liam Murphy on display to June 26.

VEGETARIAN HAVEN (17 Baldwin St. 416-621-3636): Jennifer Smithwell's Pleine Aire exhibit runs to June 14.

ENGINE GALLERY Icons: work by Diana Bennett & Ryan Van Der Hout. To May 11. 55 Mill, bldg 55. 647-430-7960.

TEXTILE MUSEUM OF CANADA Between The Sea & The Desert: The Many Cultures Of North Africa. To May 18. 55 Centre. 416-599-5321.

UPCOMING

LEND TO END feat. Low Level Flight, Kirsten Jones, Kush. Alice Fazooli's, 294 Adelaide W. $30 at *www.lendtoend.org*. May 8.

FLO RIDA w/ Danity Kane, Day 26, Donnie Klang. Rogers Centre, 1 Blue Jays Way. $20-$150 at Ticketmaster. May 9.

TOKIO HOTEL Sound Academy. $34.50 at Rotate This, Soundscapes, Ticketmaster. May 16. Early show: 7 p.m.

TASA St. Nicholas Anglican Church, 1512 Kingston. $15. May 17.

NAS Kool Haus. $44.50 at Rotate This, Soundscapes, Play de Record, Ticketmaster. May 24.

YOSHIDA BROTHERS Enwave Theatre, 231 Queen's Quay W. $30 at 416-973-4000. May 25.

JUSTIN RUTLEDGE w/ Melissa McClelland. Trinity-St. Paul's, 427 Bloor St. W. $18 at Soundscapes, Rotate This, *www.ticketpro.ca*, *www.sixshooterrecords.com*, Ticketmaster. May 30.

SUZIE MCNEIL Mod Club. $12 at Soundscapes, Rotate This, Ticketmaster. May 31. Early show: 7 p.m.

ART OF TIME ENSEMBLE Trinity-St. Paul's, 427 Bloor St. W. $25 at 416-703-9645. June 6.

MARTHA WAINWRIGHT Mod Club. $20 at Rotate This, Ticketmaster. June 6. On sale May 2. Early show: 7 p.m.

STYROFOAM El Mocambo. $8.50 at Rotate This, Soundscapes, Horseshoe, Ticketmaster. June 8.

SIMPLE PLAN w/ The All-American Rejects, Faber Drive. Molson Amphitheatre, 909 Lake Shore W. $22.50-$42.50 at Ticketmaster. Aug. 29.

EVAN DANDO Horseshoe. $20 at Rotate This, Soundscapes, Horseshoe, Ticketmaster. June 13.

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MASK AND MADNESS IN MACBETH An exploration of themes in Shakespeare's great tragedy through an edited text, movement, music and the theatrical technique of mask. The Shakespeare in Action/Workman Arts production runs to May 10 ($25/$18 at 416-703-4881). Joseph Workman Theatre, 1001 Queen St. W.

WE WILL ROCK YOU The musical based on the music of Queen. Extended to May 11. Wed.-Sat. 8 p.m.; Sat.-Sun., Wed. (selected) 2 p.m. $25-$94. Canon Theatre, 244 Victoria. *www.mirvish.com*.

EVIL DEAD: THE MUSICAL A reanimation of the splatterstick spectacular. Extended to June 14. Mon.-Thu. 8 p.m.; Fri. 7:30 p.m.; Fri. & Sat. 11 p.m..; Sat. 7 p.m. $29.50-$75. Diesel Playhouse, 56 Blue Jays Way. 416-961-5656.

DIRTY DANCING The musical based on the hit movie. To Aug. 31. Wed.-Sat. 8 p.m.; Sat.-Sun. 2 p.m. $36-$200. Royal Alexandra Theatre, 260 King St. W. 416-872-1212.

ALIAS GODOT Detective Vincent and his partner Edward retreat to a forgotten interrogation room in New York City to find a suspect — a foreigner named Godot. Runs to June 1. Tue.-Sat. 8 p.m.; Sat.-Sun. 2:30 p.m. $19-$32; Sun. PWYC. Tarragon Theatre, 30 Bridgman.

AND COUNTING (LETTER THREE) A journey into the present state of theatre and culture starting with funding. To May 10. $10-$20. Thu.-Fri. 7 p.m.; The Columbus Centre, 901 Lawrence W. Sun.-Mon. 7 p.m.; Grano, 2035 Yonge.

EXPLOSION: A MUSICAL REVUE Highlights popular music over the last five decades. To July 6. Tue.-Sat. 8:15 p.m. (dinner 6:30 p.m.); Sun. 6:45 p.m. (dinner 5 p.m.); Wed., Sun. 12:30 p.m. (brunch 11 a.m.). $55-$95. Stage West Hotel Theatre, 5400 Dixie. 905-238-0042.

DEAD AHEAD A video game murder has players questioning their morality. Apr. 28-May 16. Mon. 10:30 a.m.; Tue.-Wed. 1:15 p.m., 7 p.m. $15-$20. Lorraine Kimsa Theatre, 165 Front St. E. 416-862-2222.

Local listings by » EYE WEEKLY

In 2008, an estimated 22,400 women will be diagnosed with breast cancer and 5,300 will die of it.

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TV's hype season begins

IDIOT BOX

RICK McGINNIS

rick.mcginnis@metronews.ca

FIX MY TV: The annual television upfronts — or what's left of them since NBC jumped the gun several weeks ago — begin in about a week, and according to a recent Variety story, they're going to be a scaled-down affair compared to previous years.

"Conference rooms normally booked solid with marathon pilot screenings are empty," read the story.

"Many pilots are still in the casting phase, or are still recruiting directors and other key production elements. At one network, execs who normally put together their upfront speech months in advance just began working on it."

A few new shows are already being given tentative hype — titles like Joss Whedon's Dollhouse, J.J. Abrams' Fringe, a CBS drama called The Mentalist, David E. Kelley's Americanization of BBC's Life On Mars for ABC and an as-yet-unnamed Geena Davis vehicle. (Geez — doesn't anyone remember Commander-In-Chief?) There won't be a lot to preview in New York this month, however, as most of the shows still don't have completed pilots.

As Tim Goodman of the San Francisco Chronicle points out, however, none of this will affect the atmosphere of giddy anticipation that suffuses upfronts every year, "When the networks trot out their fall shows to advertisers and media," writes Goodman, "and everybody pretends that each and every series is a runaway hit in the waiting. In other words: May is the month for pipe dreams." Goodman is willing to allow the networks their fantasies, if only as a brief refuge from the brutal truth: "The current season has been completely wasted, no matter how the nets want to spin it. Freshman series faltered, there was a strike and not a lot of viewers came back. That's a blunt assessment, but it's true."

From where I'm sitting, he's not wrong, and Goodman goes on to provide a list of the things the networks could do to save themselves before it's too late, though one of those items — praying the Screen Actors Guild doesn't go on strike, wreaking havoc with the second half of 2008 the way the writers' strike did with the first — is out of their hands.

Among his recommendations is that they admit they've screwed up the one thing they should have done right: Programming. Tossing shows all over the schedule doesn't help viewers when they want to tune in (or program their PVRs), and we already learned last year that taking long breaks in the middle of a season does a pretty neat job of shedding fans.

As I'm already tired of pointing out, none of this will be a problem once the broadcast model of television has gone the way of radio serials and some genius figures out that video-on-demand isn't just a way of selling porn in hotels. In the meantime, get ready to hear about all the awesome shows coming our way in September, and try to pretend you care — the people at the networks have already had their feelings hurt enough.

Rick McGinnis writes about music, movies, books and television, but not opera. He walked 47 miles of barbed wire and has a cobra snake for a necktie.

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	Vu	SC	C		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
5/6/08 primetime	265	353	2	TVO	Parks	Canadian Rivrs	The Agenda With Steve Paikin		Foyle's War "Broken Souls"		RX for Survival		Agenda-Paikin
	211	331	3	GTV	ET Canada	Entertainment	NCIS "Recoil" (HDTV) (N)		Shark (HDTV) (N)		Boston Legal		News (N)
	215	343	4	OMN1	Two/Half Men	The Simpsons	News (N)		Vivere Il	News (N)	The Simpsons	King of the Hill	Metropia
	210	302	6	CBC	NHL Hockey: Eastern Conference Semifinal Game 7 -- Flyers at Canadiens						CBC News: The National		The Hour
	214	344	7	CITY	Friends	Hollywood	Beauty and the Geek (N)		(9:02) Hell's Kitchen		Entourage	Girl Next Door	News (N)
	212	313	8	CTV	eTalk	Jeopardy! (N)	American Idol		Dancing With the Stars		Law & Order: SVU		News (N)
	218	345	11	CH	The Insider (N)	E! News	Starveillance	Saturday Night Live			Women's Murder Club		News (N)
	137	763	13	TFO	Panorama en direct		Musoya, malgré le silence		Le Joli Mai La vie des Parisiens.				
	-	-	14	-	Law & Order: SVU		News (N)		News (N)		King	King	Cold Case
	213	326	15	SUN	Scrubs	George Lopez	Lorenzo's Oil ★★★ (1992, Docudrama) Nick Nolte, Susan Sarandon, Peter Ustinov.						Grill Rm.
	-	387	16	CBS	Inside Edition	Hollywood	NCIS "Recoil" (HDTV) (N)		Shark (HDTV) (N)		CSI: Miami (HDTV)		News (N)
	-	385	17	NBC	The Insider (N)	Entertainment	Outrageous	Saturday Night Live			Law & Order: SVU		News
	-	386	18	ABC	Wheel-Fortune	Jeopardy! (N)	Dancing With the Stars		Dancing With the Stars		Women's Murder Club		News
	219	346	20	ACH-B	Wheel-Fortune	Degrassi: Next	Dancing With the Stars		One Fine Day ★★ (1996, Romance-Comedy)				News (N)
	-	-	28	FOX	Judge Judy (N)	Two/Half Men	American Idol		(9:02) Hell's Kitchen		Seinfeld	Two/Half Men	The Simpsons
	-	388	61	PBS	News-Lehrer	Britcom Membr	Nova (HDTV) (DVS)		American Experience (N) (DVS)			Price-Freedom	Business Rpt.
	297	652	330	WPX	Two/Half Men	Family Guy	Beauty and the Geek (N)		Reaper "Greg, Schmeg"		CW11 News at Ten		Family Guy
	296	654	331	SBK	Wheel-Fortune	Jeopardy! (N)	Dr. Phil		News (N)	Jeopardy!	Frasier	Frasier	Cheers
	298	653	332	TLA	Reba	Reba	My Wife-Kids	According-Jim	Family Guy	Family Guy	Two/Half Men	Two/Half Men	Beauty, Geek
news	502	390	26	NW	News (N)	Newman	The Hour		CBC News: The National		CBC News: The National		National
	500	500	33	CNN	Lou Dobbs Tonight		CNN Election Center		Larry King Live		Anderson Cooper 360 (HDTV)		
	509	504	79	CNB	Kudlow & Company		Fast Money		Cash Flow		The Big Idea With Deutsch		Mad Money
sports	405	417	22	net	MLB Baseball Tampa Bay Rays at Toronto Blue Jays. From Rogers Centre in Toronto.						Sportsnet Con.	NBA Basketball: Conf. Semi.	
	400	400	30	TSN	That's Hockey	Hockey: 2008 IIHF World Championship Prelim. -- Canada vs. United States					NHL Hockey: West Semifinal -- Stars at Sharks		
	411	457	58	OLN	Exploration	Videos	Survivorman		Odyssey	Surf Patrol	Adventures	Stranded: With	Pilot Guides
	417	406	81	SC	Pinks (HDTV)	Pass Time	Am. Thunder	Am. Thunder	Street Tuner	Low Life	Super Bikes!	Super Bikes!	Pinks (HDTV)
family	551	542	25	YTV	Malcolm-Mid.	Prank Patrol	Fries That?	Mon. Warriors	Futurama	Shadow Raider	Falcon Beach (DVS)		Mystery Hnt.
	554	544	45	TEL	George-Jungle	Road Runner	Scooby Doo	Futurama	Tripping-Rift	Tripping-Rift	Robot Chicken	Robot Chicken	Tripping-Rift
	556	540	51	FAM	That's-Raven	Smart Guy	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School	Cory in House	Zack & Cody
cable variety	602	567	27	W	Will & Grace	Friends	Maxed Out	Style by Jury	Kim	Style by Jury	Good Naked	Good Naked	Maxed Out
	570	580	29	MM	The O.C.		MuchTopTens Top 10.		Gone Wild	Gone Wild	Video on Trial	Video on Trial	Punk'd
	615	520	31	A&E	CSI: Miami "Free Fall"		The First 48 (HDTV)		The First 48 (HDTV)		Gene Simmons	Gene Simmons	Gene Simmons
	700	800	35	TLN	Centrovetrine	Sky TG 24	Carabinieri		Imperium		The Sopranos (SS)		Raymond
	571	581	36	MMM	mmmtop	Uncovered	Listed		Fabulous Life Of...		Hogan Knows	Hogan Knows	Listed
	575	583	38	CMT	Chevy Cross Canada		Beyond Chance		Reba	Hope & Faith	Home Improve.	Roseanne	CMT30
	616	521	39	SHO	ReGenesis (HDTV)		Blue Murder		Trailer Park	Kenny-Spenny	CSI: NY		House
	620	523	40	BVO	Bazart	Bravo!Videos	Scotty Moore & Friends: A Tribute to the King				Feist: Live at-Rehearsal Hall		Law & Order
	601	562	41	SLC	Women on Top	Til Debt-Part	Newlywed	Matchmaker	Superstar Hair Challenge (N)		Plastic-Perfect	Rocker Moms	Newlywed
	522	506	43	HIS	JAG "Touchdown" (DVS)		Digging for the Truth		Bloodlines		Crime Stories		JAG (DVS)
	625	548	44	COM	Air Farce	22 Minutes	Laughs	Corner Gas	The Simpsons	South Park	MADtv		Daily Show
	600	564	46	H&G	House Hunters	Buy Me	Designer Guys	Design Inc.	Colin & Justin's Home Heist		Green Force	Outside	Colin & Justin
	294	529	47	TBS	Family Guy	Family Guy	Panic Room ★★★ (2002, Suspense) Jodie Foster.				Frasier	Frasier	Seinfeld
	576	582	49	BET	106 & Park	College Hill	Like Mike 2: Streetball (2006, Comedy), Michael Beach				College Hill	Iron Ring	Poker Stars
	627	528	50	SPC	Stargate SG-1		Star Trek: Voyager		Star Trek: Next Gener.		Hex "The Story Begins"		Stargate SG-1
	581	566	52	MTV	MTV e2	Cribs	4REAL	Parent Control	Shot at Love-Tila Tequila		Shot at Love-Tila Tequila		MTV Live
	618	524	54	TROP	News Show	News Show	ET Canada	What Happen?	Family Guy	Seinfeld	Seinfeld	Frasier	Family Guy
	603	561	56	FOOD	Ricardo	Chef at Home	Restaurant Makeover		Chef School	At the Table	Kitchen Nightmares		Restaurant
	261	394	60	V	Everwood		'Allo, 'Allo!	On the Buses	Benmergui-Isr	Benmergui-Isr	Six Days in June (N)		Six Days-June
	621	527	63	STR	Look-A-Like	Hollywood	TMZ (N)	eTalk	Hey Paula	Girl Next Door	The Tonight Show-Jay Leno		eTalk
	553	546	65	TRE	Ni Hao, Kai-lan	Nght Grdn	Wiggle-Learn	Franklin	Little Bear	Miss Spider	Comfy Couch	Rolie Polie Olie	Beren. Bears
	115	711	101	TVA	Les Anges de la rénovation		Histoires-filles	Caméra café	La Grande Évasion (HDTV)		Le TVA 22 heures (N) (SC)		Lévesque
	126	730	102	RDI	Dominique Poirier en direct		Grands reportages (SC)		Le Téléjournal (SC)		Le Club des ex	Le National	Le Téléjournal
	526	507	249	CLT	The West Wing		Killer Next Door		Psychic Detect	Ext. Evidence	Traders "Hawks"		The West Wing
	300	601	301	M1	(6:30) Surf's Up ★★★ (2007, Comedy), Jeff Bridges				Ratatouille ★★★ (2007, Comedy), Ian Holm				Babel
	305	612	306	PIX	Women	(7:35) Air Bud: World Pup ★★ (2000)			Bill & Ted's Excellent Adventure (1989)			Bill & Ted's Bogus Journey	

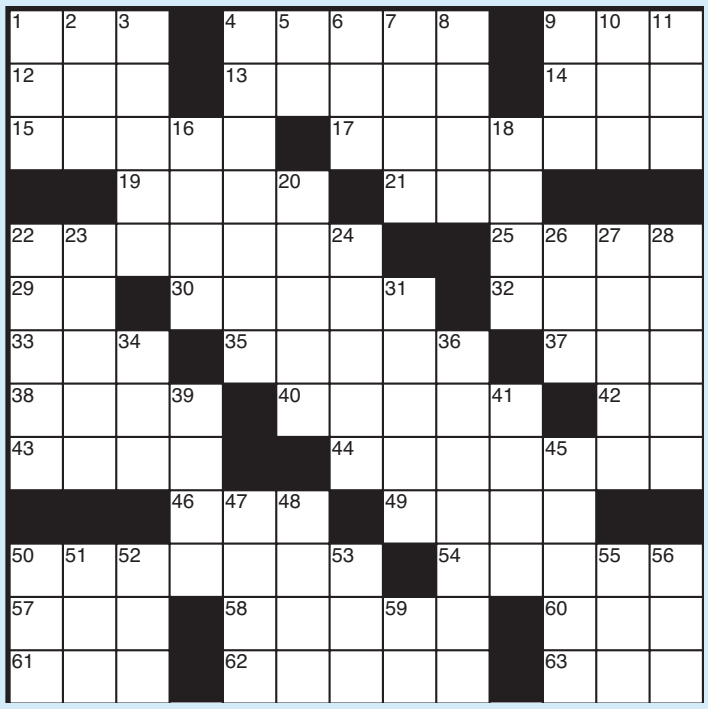
critics'corner

Corner Gas

Oh, Emma. You're in for it now. Stung at Emma's (Janet Wright) lack of faith in his cooking ability, Oscar (Eric Peterson) sneaks out to meet with Karen (Tara Spencer-Nairn) for culinary lessons in "Whataphobia." When Lacey's (Gabrielle Miller) birthday party leads everyone except Wanda (Nancy Robertson) to admit to being afraid of something, Hank and Brent (Fred Ewanuick, Brent Butt) swear to discover what scares her. 11:30 AM on COM

Women's Murder Club

Watch your backs, ladies. In this new episode, the women investigate a murder on a college campus, apparently a revenge killing for a rape at a frat party. But as they poke around for information, one of the women finds her own life in jeopardy. Lindsay (Angie Harmon) thinks about going to the next level in her relationship with Pete (Joel Gretsch). Aubrey Dollar and Laura Harris also star in "And the Truth Will (Sometimes) Set You Free." 10 PM on CH; 10:02 PM on ABC



down

1 747 or DC-10
2 Bullring shout
3 Click "send" (hyph.)
4 Vanna and Pat
5 Laugh syllable
6 Make a query
7 Achievement
8 This, to Pedro
9 Brief craze
10 Vive le —!
11 Well-worn
16 "Wool" on clay sheep
18 Loud cry
20 Aussie city
22 Sweater style (hyph.)
23 Take advantage of
24 Progenitors
26 Square root of IX
27 Actress — Oberon
28 Microwaves
31 Cliffside refuge
34 All-purpose truck
36 Marvels
39 Cartoon shrieks
41 "Sister Act" roles
45 Smart-mouthed
47 Lubricates
48 "White Wedding" singer
50 Glamorous wrap
51 Finale
52 U-boat movie "— Boot"
53 Ms. Gabor
55 Gotcha!
56 Longbow wood
59 Type size

across

1 Diner brew
4 Rub
9 To's opposite
12 Horror-film street
13 Watering places
14 Prodigy rival
15 Coach
17 Evening serenader
19 Flapjack franchise
21 — kwon do
22 Carry-on bags
25 Sketch
29 Reno loc.
30 Enclosed patios
32 Stead
33 Perfume label word
35 Scatter
37 Provoke
38 Refer to
40 "Great blue" bird
42 Morgan — Fay
43 "Fish Magic" artist
44 Cranial cavities
46 Colorful carp
49 Ms. Ferber
50 Kind of manner
54 Composition
57 — — whim
58 Devotee
60 That girl
61 Come-ons
62 Shuts noisily
63 Deviate, as a rocket

previous answer

L	A	C	■	J	A	W	E	D	■	D	A	B
A	I	R	■	I	N	A	N	E	■	E	R	A
S	L	O	W	L	Y	■	V	A	L	E	T	S
■	■	W	E	T	■	S	Y	R	U	P	■	■
C	E	D	E	■	M	U	■	S	C	E	N	T
O	K	S	■	E	E	L	S	■	K	N	E	E
P	I	■	A	N	A	T	O	M	Y	■	P	A
S	N	A	G	■	T	A	P	E	■	C	A	R
E	G	G	E	D	■	N	H	■	P	A	L	S
■	■	A	N	I	M	A	■	G	E	T	■	■
K	E	T	T	L	E	■	J	A	C	K	A	L
A	T	E	■	L	E	G	A	L	■	I	C	Y
Y	E	S	■	S	T	A	B	S	■	N	E	E

HOROSCOPE

ARIES | March 21-April 20
Share your bounty with friends and family. A sincere apology might help a moody woman. Make a huge effort for a special friendship.

TAURUS | April 21-May 21
Someone who had a fling will come back. Relationships are full of revelations and confrontations. Being friendly brings good luck all day

GEMINI | May 22-June 21
Variety appeals to your need to avoid boredom. A younger man will appeal for advice. Someone will surprise you into extreme laughter.

CANCER | June 22-July 22
Double check your calculations on all forms. Keep the faith with your buddies. You can be liberated by giving your promise.

LEO | July 23-Aug. 23
Material comforts can help you to relax. Take control of an event. Rest easy; a situation is not what it seems.

VIRGO | Aug. 24-Sept. 22
Reaching a compromise will give some satisfaction. Talk to someone about your worries. Don't let a flatterer stick you with another bad job.

LIBRA | Sep. 23-Oct. 23
Your unusual clothing will get comments. You aren't fooled by cheap and easy rewards. You'll be pleased by your new social contacts.

SCORPIO | Oct. 24- Nov. 22
Try to help yourself before asking anyone else. A stool pigeon will be caught. You will fight idiotic bureaucracy and win.

SAGITTARIUS | Nov. 23- Dec. 21
Having too much self-discipline will tire you. Invest some time in learning how to use tools. This is a survival game type of day.

CAPRICORN | Dec. 22-Jan. 20
A grinning friend has happy gossip. Expect good luck in interviews. A man needs help coping with the system.

AQUARIUS | Jan. 21-Feb. 18
Have sympathy for those who put on a brave front. A static situation will seem like a safe harbour. Someone is taken for granted.

PISCES | Feb. 19-Mar. 20
Take a needed break. A drama queen doesn't like your new friend. A defiant person is used as an example by a boss.

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2		6				1		
	8	5		6	9	3		
	3		8		1		4	
4	6		7				9	
			2	3	4			
	2				5		3	8
	1		9		3		5	
		9	1	7		8	6	
		2				9		3

instructions

The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

solve time

Under 13 minutes	Genius
13-17 minutes	Scholar
17-21	Smart
21-25	Pretty good
More than 25	Keep practising

previous answer

4	5	3	6	2	1	7	8	9
7	6	1	8	4	9	2	3	5
2	8	9	5	3	7	1	4	6
3	9	4	1	8	2	6	5	7
1	7	6	9	5	4	3	2	8
5	2	8	7	6	3	9	1	4
9	4	5	3	1	6	8	7	2
8	1	7	2	9	5	4	6	3
6	3	2	4	7	8	5	9	1

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Toronto weather

Afternoon	Tonight	Wednesday	Thursday	Friday
Partly sunny. 16°	Clear. 6°	Showers. 18°/ 9°	Rain. 15°/ 6°	Partly cloudy. 14°/ 5°
		70%	90%	

The Weather Network theweathernetwork.com

Temperature
Normals
High: 17.4°
Low: 5.3°

Records
High: 32.8°/1949
Low: -3.9°/1968

Sunrise: 6:03 a.m.
Sunset: 8:27 p.m.
Moonrise: 6:19 a.m.
Moonset: 10:39 p.m.

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celebritybuzz

Tom regrets Brooke talk

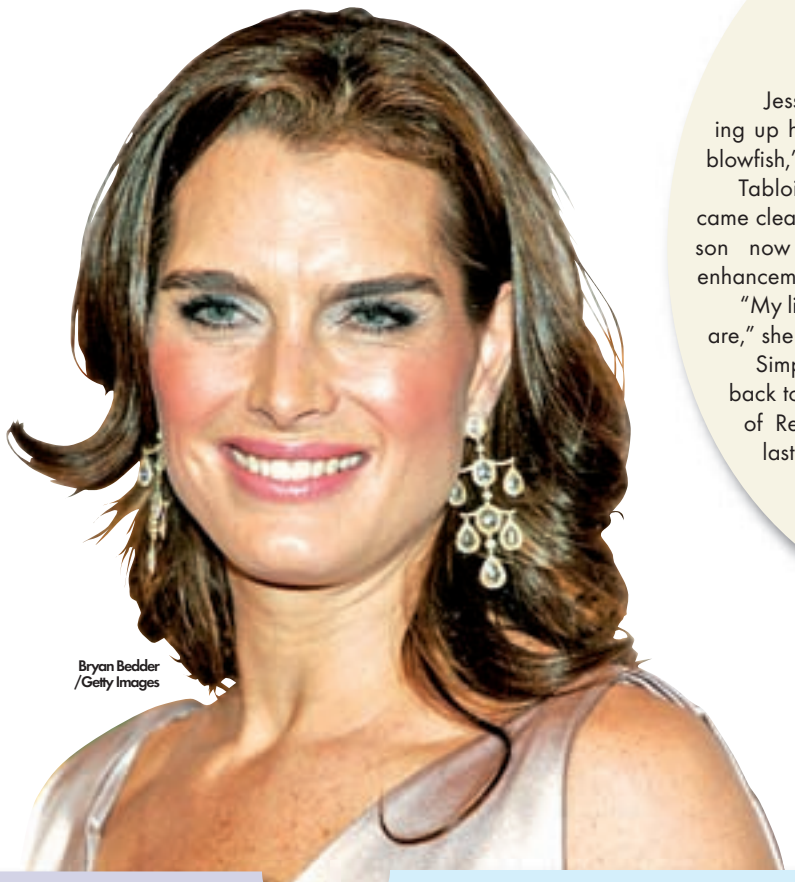
Tom Cruise has confessed he was "wrong" for attacking his friend Brooke Shields and other depressed new mothers who turn to medication to beat postpartum depression, imdb.com reports.

The actor hit the headlines when he criticized Shields for publicizing anti-depressants in her book Down Came The Rain: My Journey Through Postpartum Depression in a 2006 TV interview. Cruise has since personally apologized to the actress for his remarks and now admits he regrets the comments he made, insisting he was wrong to suggest postpartum depression could be controlled by taking nothing stronger than vitamins.

In an exclusive interview with Oprah Winfrey, Cruise said, "It came out wrong, it's just not true. I was raised by four women who have children and babies. I'm not trying or want to tell anyone how to live their life or what they should believe or shouldn't believe."

Cruise went on to say he felt "pressed" by the media during that period of his life – and regrets saying a lot of things on TV.

"I felt like I could've handled it better," he said, admitting he regrets discussing Shields at all. Metro News Services



Bryan Bedder /Getty Images

Jess rethinks lip injections

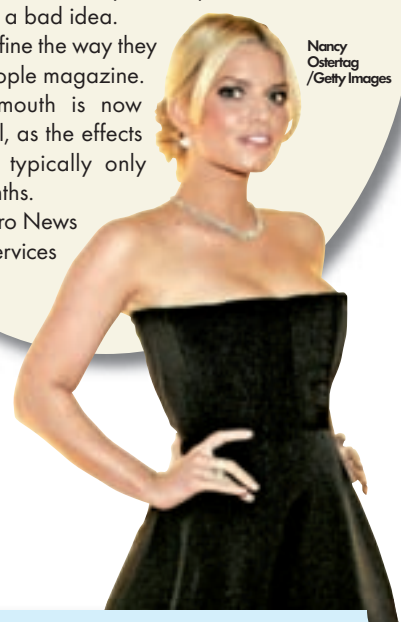
Jessica Simpson has revealed she regrets plumping up her lips last year because she looked like "a blowfish," femalefirst.co.uk reports.

Tabloids poked fun at the singer/actress when it became clear she had cosmetic work done on her lips. Simpson now admits the Restylane lip enhancement was a bad idea.

"My lips look fine the way they are," she told People magazine.

Simpson's mouth is now back to normal, as the effects of Restylane typically only last six months.

Metro News Services



Nancy Ostertag /Getty Images

Pete, Amy to sing together

Dave Hogan /Getty Images

Amy Winehouse has answered a call for help from fellow singer Pete Doherty – and agreed to duet with him at the Royal Albert Hall, the Daily Mirror reports.

Doherty faced a backlash from fans after he was forced to cancel a solo gig at the prestigious venue after being sent to jail.

But after being stung by criticism, Doherty, 29, has persuaded Winehouse to join him on stage in London for the rescheduled date to be announced

A source close to Winehouse, 24, said, "They think playing at such an incredible venue will be a massive two fingers to their critics – especially in light of their traumatic personal lives."

Doherty may be let out of Wormwood Scrubs jail in West London today – after 29 days of his 14-week term for drug offences. Metro News Services

Jamie Lynn celebrates baby

Surrounded by pink and blue balloons and with pop star big sister Britney Spears by her side, teen mom-to-be Jamie Lynn Spears celebrated her baby shower in Kentwood, La., this past weekend, E! News Online reports.

The 17-year-old is reportedly expecting a girl at the end of June.

Friends and family gathered at mom Lynne's home, known as "Serenity," where Britney and her father, Jamie, are staying.

The parents did all the cooking for the alcohol-free affair, which included fried chicken and chili.

Security was tight at Serenity, with police setting up a roadblock and checking IDs.

By noon, only about 50 cars were allowed to enter, mostly filled with college-age men and women. There was no sign of Jamie Lynn's baby daddy/fiancé, Casey Aldridge. Metro News Services

Kevin Winter /Getty Images

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Heidi gives props to Iman

Could this be a case of duelling Project Runway hosts? Supermodel Heidi Klum hosts the original American version of the hit show, while model legend Iman hosts the Canadian contest.

In what could be called a supermodel swipe, intouchweekly.com reports Iman as saying, "Definitely Heidi and I come from two different places. I'm not belittling Heidi Klum, but I have been in fashion much more than she has. Not to toot my own horn, but I have been one of the best runway girls. I know clothes, and I know about working hand in hand with designers. I mean, I've worked with Calvin Klein, Marc Jacobs, John Galliano. Yves St Laurent – he created a whole collection for me. Tom Ford. Valentino. Versace. Jean Paul Gaultier. Thierry Mugler ... I could go on and on."

And how did Klum respond? She agreed!

"She's done all the big, big fashion shows I've never done. And she has met all the big, big designers in the world. I never really fit in the clothes," Klum said. "I tried, but I never got to walk in Paris and walk in all the big, big shows."

Metro News Services

Stephen Shugerman /Getty Images

Getty Images

Getty Images

Rihanna shrugs off Jay-Z rumour

Singing star Rihanna is fed up with questions about her relationship with Jay-Z if her interview in the June issue of Elle is any indication, E! News Online reports.

One question poked into her reputed/disputed relationship with the hip-hop mogul.

"Well, it's crazy that you ask me that," Rihanna replied. "People know that it's not true. I think it's kind of a cliché question, and people know it's not true, so I don't even know why it's still addressed to this day. I get asked about it all the time and I'm like, 'You're asking, but you know the answer. I don't even like to address it anymore.'"

Jay-Z recently married singer Beyoncé, which should help put the rumour about Rihanna to rest!

Rihanna said she had no idea the nuptials had taken place.

The couple are said to have wed in front of 40 guests in New York City on April 4.

Metro News Services

Christina grows weary of partying

Christina Ricci is tired of partying, femalefirst.co.uk reports.

The actress admits she can't keep up with the pace of her friends and likes to be tucked in bed at a reasonable hour so she can get her sleep.

"I'm always in bed by 11 or 12 and people laugh all the time – they want me to hang out until two in the morning, but no, I need my nine hours."

The 28-year-old also said she needs to start paying more attention to her diet now that she is getting older.

"I eat crap. I'm an inconsistent eater – all things you're not supposed to be. I forget to eat, then I'll eat a bag of potato chips. And then you get to a point at a certain age when you're like, 'All right, I guess I have to take care of myself now.'

"I'm a lazy, lazy girl. But I figure I'm so high-strung that I probably burn some calories in nervous energy."

Metro News Services

Kelly hangs out au naturel

Kelly Clarkson has seemed committed to shedding her good-girl image since she stepped off the American Idol stage, and the reporting surrounding her latest habits only serve to prove that, MSN reports.

According to a close source who spoke to Us Weekly, the Grammy-winning pop star enjoys walking around her home in the buff, no matter the circumstances.

That would include not just when close friends are around, but even when her home is "filled with strangers for photo shoots or fittings," reports the magazine.

To which Clarkson supposedly said, "I just really like being naked." Metro News Services

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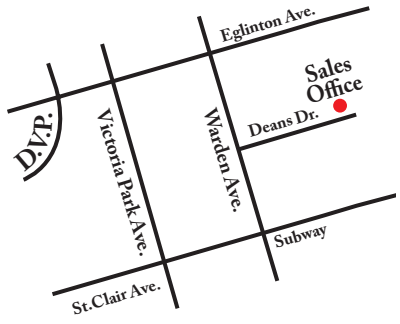

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